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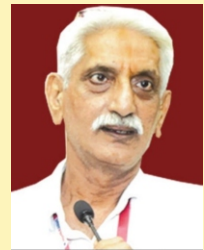
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Parivahan Vishesh - Navratri Special Edition - Nari SashaktikaranChintan - From Aradhana to Respect for Women

**Parivahan Vishesh News****From Devi Aradhana to Respect for Women**

Sharadiya Navratri Special Contemplation - Not just fast and festival, a festival of Shakti awakening and social change

Author: Dr. Ghanshyam Badal - Presenter Pinki Kundu Social Consultant

1. Introduction - Atmosphere of devotion and questions

With the arrival of Sharadiya Navratri, the atmosphere begins to fill with colors of devotion, joy and celebration. Bells in temples, Kalash in homes, Durga Saptashati recitation, beats of Garba-Dandiya, grand pandals of Durga Puja. For nine nights, religion, folk life, art and collective consciousness become one.

But the meaning of Navratri is not limited only to fast, upvas, puja-path - the worship of the nine forms of the Goddess also connects with the problems of our times, society and life.

2. Mythological Background - Broader symbol of Mahishasura Vadha

The symbolic meaning of the story of Mahishasura Vadha is extremely broad. When established powers become helpless in front of crisis, then a new power of change is born. As strong as Mahishasura's ego was, the Goddess's resolve was even firmer.

This narrative challenges the notion that power, valour and leadership are only the domain of men. Indian religious imagination itself has enshrined woman as the supreme power.

Important - The appearance of the Goddess happens from the combined radiance of the Gods. Message in social context - collective consciousness, cooperation and unity are necessary to fight injustice. Respecting the power of women is the responsibility of the whole society.

3. Nine forms, nine dimensions of women's life - Fact

The nine forms of Navdurga are diverse dimensions of women power:- Shailputri - firmness and stability, Brahmacharini - penance and discipline, Chandraghanta - courage and valour- Kushmanda - creation and energy, Skandamata - motherhood and compassion, Katyayani- power and devotion- Kalratri - destruction of evil, Mahagauri - purity and peace, Siddhidatri - accomplishment and knowledge

In a woman there is motherhood as well as ability to resist; there is creation as well as leadership; there is compassion as well as courage against injustice. Binding her in one role is denying her completeness.

4. Kanya-Pujan and Irony - Big question

On Ashtami-Navami, Kanya-Pujan - washing feet, feeding, gifting small girls considering them as Goddess - a symbol of respect for the girl child. But uncomfortable question - In the same society where a girl is worshipped as Goddess, why are daughters terminated before birth, education stopped, discrimination, insecurity in

the same society?

Is the attention also paid to the wishes, rights, self-respect of the girl whose feet are washed in Navratri, on other days too?

Kanya-Pujan is meaningful only when: Girl is seen not with pity, but with equal rights - good education, freedom to choose life of her choice, equality in property, voice in family decisions. A few hours of worship and remaining days of discrimination - this contradiction is not in accordance with the soul of Navratri.

5. New meaning of Navratri - Modern Mahishasur and concrete initiatives

Today women are making their place in science, education, administration, politics, entrepreneurship, sports and army. Yet questions of safety, equal opportunities, wages, sharing of domestic labour and stereotypes remain.

Modern Mahishasur: Ego, misogyny, violence, exploitation, ignorance and discrimination - it is necessary to fight these.

Concrete social initiatives - Suggestions of Dr. Badal ji for Puja committees:

- Dialogue in localities on girls' education, women's health, nutrition, digital literacy and legal rights
- Cooperation for education of needy girl students, giving space to women entrepreneurs, SHGs in fairs
- Participation of women in Garba, Dandiya, Ramlila not only till stage, but equal opportunities in planning, financial management and leadership
- Safety at public places, lighting, clean toilets,

emergency assistance - women of every age can participate fearlessly- Decision of fasting according to personal faith and health, not pressure

If each puja committee adopts one concrete resolution every year - bearing the education expense of a girl child, making a public place safe for women, skill training - then the positive power of the festival will increase many times.

6. Conclusion - Prestige will increase only when conduct changes* The basic spirit of Navratri is awakening of Shakti. This awakening should happen in temples as well as in mind; in the flame of aarti as well as in social consciousness. Bowing head in front of the idol of the Goddess is faith, but not hurting the self-respect of any woman is the test of that faith. If a society that worships Adi Shakti for nine nights returns to the same discrimination, insecurity and inequality after nine days, then the purpose of the festival remains incomplete.

Footer:
Author - Dr. Ghanshyam Badal Presentation -



Sanjay Kumar Bathla - Editor in Chief | Parivahan Vishesh Newspaper | RNI DELHI/N/2023/86499 | Navratri Special October 2026

Shakti • Shiksha • Samanta - Towards social reform Navratri 2026

Parivahan Vishesh - Sarathi Special - Steering Chhodo Andolan

Parivahan Vishesh News

Why is the 12 November 2026 Steering Chhodo Movement necessary after all?

The great battle for driver safety, dignity and justice - A unity call of Sarathis across the country

Caller: Ramkumar Malik - Sarathi Ekta Vahan Association (SEVA) Family | Your Sarathi Brother

1. What is the fact - How much challenge is the country's Sarathi in?

As long as the driver's voice is not heard, the movement is necessary. The driver who stays on the road day and night is an important part of the country's economy and transport system, delivers goods to every citizen, but himself is fighting for safety, salary, employment, social security and dignity. This call for 12 November 2026 is for this unity.

2. Main Points - 7 Reasons why this movement is necessary?

A. For Driver Protection Law:

Proper legal protection and quick assistance in case of attack, loot, assault and accident on the road.

B. For National Sarathi Commission: A dedicated National Commission to listen to the problems of the driver community and for solutions.

C. For Driver Welfare Board: For the welfare of drivers and their families, financial assistance, children's education, health insurance.

D. For Fair Wages and Employment: Appointment letter, minimum wages, 8-hour duty, PF, ESI, pension, overtime.

E. For Assistance at the time of accident: Immediate assistance fund in case of injury/death, relief to family, insurance cover.

F. For Dignity and Respect: The



thinking of considering the driver not just as a vehicle operator, but as a hardworking citizen who is a nation builder.

G. For Unity of organizations across

the country:

A voice on one platform rising above caste, religion, state, organization

3. 6 Major Demands - Which have to reach the government

1. Driver Protection Law should be implemented
2. National Sarathi Commission should be formed
3. Driver Welfare Board should be established
4. Fair wages and social security (PF, ESI) should be ensured
5. Assistance to accident victim drivers and families
6. Justice, security, employment and respect for the driver community

4. Nature of the Movement - Peaceful and Democratic Clear message of Ramkumar Malik Ji - "Our objective is not to fight with anyone, but to convey our legitimate demands to the government in a democratic and peaceful manner."

- On 12 November 2026, all driver brothers will voluntarily leave the steering, park the vehicles.

- Do not let road safety and emergency services (ambulance, milk, medicine) be disrupted.- Appeal for unity to all transport organizations, unions, social

organizations.

5. Editorial Comment - From Parivahan Vishesh Safety of drivers is safety of the country. Until more than 28 crore driver families get security cover, respect and social security, talk of road safety and logistics is incomplete. 12 November is not just a date, it is national consciousness.

Slogans:- Unity is our strength.- Driver is our respect.- Safety of drivers is safety of the country.

Footer: Caller - Ramkumar Malik - Sarathi Ekta Vahan Association (SEVA) Family | Your Sarathi Brother | Jai Hind • Jai Sarathi | Driver Unity Zindabad

Presentation - Sanjay Kumar Bathla - Editor in Chief | Sanjay Kumar Bathla - Editor in Chief | Parivahan Vishesh Newspaper | RNI DELHI/N/2023/86499 | Edition October 2026

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https://tolwa.com/about.html | tolwaIndia@gmail.com, tolwadelhi@gmail.com

Fake Browser Update Malware Campaign (October 2026): 100+ Websites Hacked, "Fake Chrome/Edge Update" Malware Being Spread

**Parivahan Vi**

A widespread malware campaign has hacked more than 100 legitimate websites, where

This attack is serious because it misuses trusted websites, breaks user trust, and distributes high risk payloads such as stealers, RATs, and ransomware loaders.

Key Findings

- 100+ legitimate websites were hacked due to weak CMS plugins and old WordPress themes.
- Injected scripts display fake browser update notices that look like the real Chrome/Edge UI.
- Users are prompted to download malicious .zip or .msi files.
- Payloads include:
 - Lumma Stealer (credential theft)
 - Rhadamanthys (banking credential theft)
 - NetSupport RAT (remote access takeover)
 - Ransomware loaders
 - Attackers use Cloudflare like

attackers injected malicious JavaScript and displayed fake browser update pop ups. Through these pop ups, users are being made to download malware disguised as Chrome, Edge, or Firefox updates. This campaign is linked to a notorious threat actor named ClearFake, which specializes in malvertising and drive by downloads.

obfuscation techniques to evade detection.

- The campaign has a direct connection with Clear

Fake's older infrastructure.

- Attack Flow**
1. Website is hacked → malicious JavaScript is injected.
 2. Script identifies the browser and displays a fake update pop up.
 3. User clicks "Update" → malware download begins.
 4. Malware runs → steals credentials, browser data, crypto wallets, and enables remote access.
 5. In many cases, attackers further deploy ransomware.

Why This Campaign Is Dangerous

- Misuse of trusted websites → users get easily deceived.
- Cross browser targeting (Chrome, Edge, Firefox).

- Highly realistic UI → almost identical to genuine update pop ups.
- Diverse payloads → credential theft, remote access, financial fraud, ransomware.
- Rapid spread → due to automated exploitation of outdated CMS components.

Indicators of Compromise (IOCs) (Representative examples for field use)

- Malicious domains:
 - browser-update[.]online
 - secure-chrome-update[.]com

File names:

- Chrome.Update.zip
- EdgeSecureUpdate.msi
- JavaScript injection patterns:
 - update-required.js
 - browser-update-check.js

Recommendations

- For Website Owners**
- Patch CMS plugins/themes immediately.
 - Scan for unauthorized JavaScript injections.
 - Implement Content Security Policy (CSP).
 - Monitor server logs for suspicious changes.
- For Users**
- Browsers never update through pop ups.
 - If such a pop up appears, close the tab immediately.
 - Run an antivirus scan.
 - Reset browser settings.
 - Keep real time protection enabled in Windows Security.

- For Law Enforcement (Delhi Police / IAC Coordination)**
- Flag malicious domains for blocking via MeitY/IAC.
 - Issue public advisory on fake browser update malware.

- Track cases related to:
 - credential theft
 - UPI/bank fraud
 - ransomware incidents
- Coordinate with CERT In for infrastructure takedown.

Fake browser updates are spreading malware. More than 100 legitimate websites have been hacked, where fake Chrome/Edge update messages are shown to trick people into downloading malware. This malware can steal your passwords, banking data, UPI information, and can even run ransomware.

What should you do?

- Browsers never update through pop ups.
- If such a message appears, close the tab immediately.
- Run an antivirus scan.
- If you notice suspicious activity in your bank/UPI, report it immediately.

Given the continuous support and cooperation that Parivahan Vishesh Newspaper has received from all of you over the past three years, and considering its growing role in amplifying your voice day by day, the management of Parivahan Vishesh Newspaper and Transport Vishesh News Limited have decided to launch the public's own channel, **'Parivahan Vishesh News Doordarshan,'** from the month of October. The objective of this initiative is to deliver public interest news, public welfare information, public awareness, and important updates more rapidly and effectively to the Government of India, various State Governments, and all political organizations before anyone else.

Get Ready — We're Coming Soon!

PARIVAHAN VISHESH NEWS DOORDARSHAN

Great News! Now your voice will resonate across the entire world. After 3 successful years of the Parivahan Vishesh Newspaper—now, a new revolution!

We hope that just as you have supported and contributed to taking "Parivahan Vishesh Newspaper" to great heights in today's era, in the same way, you will continue to support "Parivahan Vishesh News Doordarshan," which is being launched to become the voice of the people, and help us make it the world's largest news.



Sanjay Bathla
Editor In chief



The Only Coin Pulled from the Throat, That Alone is My Earning

No incision, no trade,
In this messiah's hands, lives only a world of prayers
Even in this age of money, he has found the pearls of humanity

Only Life is Priceless - Follow Traffic Rules,
Don't Forget to Take the Injured on the Road to Hospital

Parivahan Vishesh | Editor in Chief | Sanjay Kumar Bathla
Date 09 October 2026, Friday

"The coin taken out from the throat, that alone is the earning - Pearls of humanity in the race for wealth"

Parivahan Vishesh News

No incision, no trade, in the hands of this messiah lives only a world of prayers

Editorial Article - Special Correspondent, Parivahan Vishesh Newspaper

The story of Dr. Manoj Choudhary, posted at Chhatarpur District Hospital, is a lamp in today's commercial era of medicine. When a little innocent child had a coin stuck in his throat and was gasping for breath, this doctor, without any fee, without any formality, removed that coin and returned a new life to him. Your lines are absolutely accurate - "They don't steal money, they only steal the moisture from the eyes of the innocent's mother, in exchange for a coin they give a new life to the innocent."

Main Points:

1. Degrees decide the price, but humanity makes you God: Today where treatment packages are made, people like

Dr. Choudhary show that medicine is still service, not business.

2. The fragrance that crossed borders:* Your poem mentions that doctors of Gwalior Medical College also remember him - this is proof that the fragrance of good intentions travels far and wide.
3. The biggest message - the core mantra of Parivahan Vishesh:

What you wrote at the end is also the aim of our newspaper -Only life is priceless - Do not forget to follow traffic rules while walking on the road and do not forget to hospitalize the accidental person lying on the road.- Turn away the thorns scattered on the road- Remove the stone lying on the road- Even a small step can become a revolution

This is true humanity.

Conclusion:

Degrees are available in the market, but pearls of humanity have to be searched for. People like Dr. Manoj are the hope of this world.

What is the difference between Bengali Durga Puja and Shardiya Navratri? Traditions are different, the worshipped Shakti is one



Parivahan Vishesh News

Dr. Roop Kumar Banerjee, Patron, Bengali Samiti Durgabari Gorakhpur - Presented by Vinay Kumar Mishra, Parivahan Vishesh Newspaper Gorakhpur
From 11th October, the auspicious beginning of Shardiya Navratri is happening. With Kalash Sthapana on Pratipada and worship of Maa Shailputri, the nine-day Navratri will begin in many parts of the country. On the other hand, in Bengali society, the grand Durga Puja which is awaited throughout the year, its main Puja starts a few days later from Shashthi and continues till Vijayadashami.

In such a situation, a natural question arises that when Maa Durga is worshipped in both, then what is the difference between Shardiya Navratri and Bengali Durga Puja? In reality these are not two different or opposite festivals. Both are different regional and religious traditions of Shakti worship. The method of worship, rituals, cultural form and expression of emotion may be different, but the worshipped Shakti is the same. Maa is one, Shakti is one, the feeling of worship is one — only traditions are different.

1. What is the meaning of Navratri?:- The literal meaning of 'Navratri' is nine nights. In Shardiya Navratri, from Pratipada to Navami, different forms of Maa Shakti are worshipped. In the popular Navdurga sequence, the nine forms of Shailputri, Brahmacharini, Chandraghanta, Kushmanda, Skandamata, Katyayani, Kalratri, Mahagauri and Siddhidatri are worshipped. Each day focus is on a special form of the Goddess, her qualities and spiritual message. However, the method of celebrating Navratri is not same throughout India. Somewhere fast and Durga Saptashati recitation is prominent, somewhere Garba Dandiya, somewhere Kanya Pujan, somewhere special rituals in Devi temples, then somewhere Ramlila and Dussehra get associated with it. Therefore Navratri is a broad festival of all-India Shakti worship.

2. Then what is Bengali Durga Puja?:-The Durga Puja of Bengali society is also basically the worship of Maa Durga itself, but it has its own specific religious, cultural, artistic, social and family traditions associated with it. In Bengali tradition, the main celebration is centered around Shashthi, Saptami, Ashtami, Navami and Vijayadashami. That is why a person seeing Bengali Durga Puja for the first time often asks, "When Navratri has started, why has Bengali Durga Puja not started yet?" The simple answer to this is, Bengali Durga Puja is a specific regional tradition of the same Shardiya Devi worship, in which the days from Shashthi to Dashami have got special importance. Therefore, instead of understanding Navratri and Durga Puja as two different Devi festivals, they should be understood as two beautiful expressions of the same Shakti worship.

3. Mahalaya — Emotional announcement of Maa's arrival:- In Bengali society, Mahalaya has special importance. In 2026, Mahalaya is on 10th October. This is considered an important day associated with the

end of Pitru Paksha and the beginning of Devi Paksha. On this day, the tradition of Tarpan, Chandi Path and listening to the famous 'Mahishasuramardini' is extremely popular in Bengali society. Although Mahalaya itself is not a day of the main five-day Durga Puja, but in the Bengali mind it has become an emotional announcement of Maa's arrival and from here the wait for Durga festival becomes even deeper.

4. Why 'Akal Bodhan' in Bengali Durga Puja?:- One of the specific religious concepts of Bengali Durga Puja is "Akal Bodhan". 'Bodhan' means awakening or

invocation of the Goddess. According to the tradition associated with Ramayana, Lord Shri Ram worshipped Goddess Durga in the autumn season before fighting Ravana. Since the Goddess was worshipped in Sharad Ritu instead of normal Vasant Ritu, it was called Akal Bodhan. From this tradition, this specific form of Shardiya Durga Puja got religious basis. Rituals like Bodhan, Amantran and Adhivas happening on Maha Shashthi have special importance.

5. Nine days of Navratri and five main days of Bengali Puja:- In Shardiya Navratri, from Pratipada to Navami, nine forms of the Goddess are worshipped and in Bengali Durga Puja, main Puja and celebration is specially centered from Shashthi to Dashami. Bengali Durga Puja is a specific regional tradition of the same Shardiya Shakti worship, in which Puja from Shashthi to Dashami has received special importance.

6. Specific form is also visible in the idol of Maa:- In many parts of India, during Navratri different forms of the Goddess are worshipped. Somewhere Kalash and Akhand Jyoti are established, somewhere picture or idol of the Goddess, then somewhere special rituals happen in temples. In Bengali Durga Puja, generally a grand idol of Maa Durga is established, in which Maa is shown as Mahishasuramardini.

Along with her, the family form of Lakshmi, Saraswati, Ganesh and Kartikeya is also visible. In Bengali society there is a very beautiful emotional tradition of seeing Maa Durga as a daughter coming to her maternal home, therefore Durga Puja is not only worship of the Goddess, but also becomes a family festival of Maa's arrival, welcome, affection and farewell.

7. Saptami's Navpatrika — Beautiful coordination of nature and Shakti:- In Bengali Durga Puja, the tradition of Navpatrika has special importance. Various plants, especially banana tree, is tied with a white saree with red border and worshipped as a symbol of the Goddess. It is also popularly called 'Kola Bou'. This tradition is a symbol of the deep relationship between nature and Shakti and is also a specific identity of Bengali Durga Puja.

8. Maha Ashtami's Pushpanjali and Sandhi Puja:- In Bengali Durga Puja, Maha Ashtami has extremely special importance. On this day, a large number of devotees collectively offer Pushpanjali at Maa's feet. The sight of collective Anjali in Puja pandals is extremely devotional and emotional. But there is another extremely important religious ritual of Maha Ashtami and that is the time between Ashtami and Navami i.e. "Sandhi Kaal". The last 24 minutes of Ashtami and the first 24 minutes of Navami, i.e. a total of 48 minutes is considered as Sandhi Kaal. The special Puja happening in this holy Sandhi Kaal is called Sandhi Puja. At the time of this special Puja, the Mother is in a very awakened state and it is said that if anything is asked from the Mother at this time, the Mother definitely gives appropriate blessings.

Parivahan Vishesh - Scientific Fact-Check - Health Awareness Special Report - Source: WHO, CDC Public Health Guidelines



Health Awareness • Special Report • October 2026

COVID-19 Vaccine Potential Side Effects: Scientific and Medical Fact-Check

Avoid rumors, but do not ignore real symptoms.



No Need to Fear — Vaccine safety monitoring ongoing continuously.
Continuous monitoring and data analysis by experts.

Potential Side Effects (Common & Temporary)

Slight change in heartbeat (rare)
Usually resolves on its own in a few days

Mild fever, fatigue or muscle pain - common in 24-48 hours

Pain, redness or swelling at injection site
Cold compress can help

Headache, fatigue/fever-like common symptoms
Drink water, rest

Warning Signs — Seek Immediate Medical Help

- Chest pain
- Breathlessness / Difficulty breathing
- Swelling (Edema) or severe pain in leg
- Difficulty speaking / Sudden weakness

If any of the above symptoms appear, contact a doctor immediately.
Helpline: 1075 • Nearby health center or emergency 108



Balanced Diet
Nutritious food, drink enough water



Regular Walking
30 min light walk daily, active lifestyle



Yoga & Meditation
Reduce stress, get full sleep



No Need to Fear
Take correct information, don't spread rumors

Sanjay Kumar Bathla - Editor in Chief | Parivahan Vishesh Newspaper | RNI DELHI/N/2023/86499 | Edition October 2026

Source: Based on WHO, CDC public health guidelines. This is general information - consult registered doctor for personal health advice.

Parivahan Vishesh News

Potential Side Effects of COVID-19 Vaccine: Scientific and Medical Fact-Check

Avoid rumors, but do not ignore real symptoms!

Presenter: Sanjay Kumar Bathla

1. What is the fact - Truth of rare side effects

Claim on social media - Vaccine will cause serious diseases in future. Scientific truth:- Yes, a link of some rare serious side effects has been found in scientific studies, but this does not mean that every vaccinated person will get the disease.- Myocarditis / Pericarditis: Inflammation of heart muscle/membrane - rare after some mRNA vaccines (Pfizer, Moderna), especially in adolescent boys, young men.- TTS (Thrombosis with Thrombocytopenia): Blood clots + low platelets - rare link with Astra Zeneca, Johnson & Johnson.- Anaphylaxis: Extremely rare serious allergic reaction.

Their identification and monitoring is ongoing by international agencies. Not

hiding the risk, nor exaggerating it is science.

2. Does vaccine cause cancer, heart attack, stroke, reduced immunity? There is not sufficient scientific evidence to call all these as common or established long-term side effects of vaccine. Getting disease after vaccine does not prove it is caused by vaccine. Age, pre-existing disease, lifestyle, infection, genetic causes can also be reasons. Linking every death to vaccine is scientifically wrong.

3. Do side effects come years later? Most known side effects in first few days. Some rare complications were detected through continuous monitoring of mass vaccination. Consequences of a complication that has already occurred can last long. Therefore check is necessary for continuous chest pain, breathlessness, unusual fatigue. But a healthy person does not need to assume that hidden disease is definitely developing in the body.

4. Risk of infection itself: COVID-19 infection itself can also cause heart problems, blood clots, lung complications, Long COVID in some people. It is necessary to assess the risk of vaccine

along with the risk of infection. Benefit-risk depends on age, health, previous doses, infection history.

5. Healthy lifestyle - For all age groups (Not vaccine Detox) No food, yoga, ayurveda, supplement is a proven measure to prevent/eliminate all possible side effects of vaccine. Still for heart-lung-muscle health:

A. What to eat: Green vegetables (spinach, fenugreek, broccoli, bottle gourd), seasonal fruits (apple, guava, orange - quantity care in diabetes), protein (lentils, gram, milk, curd), whole grains (porridge, barley, millet, ragi), healthy fats (walnut, almond, flaxseed), sufficient water. WHO target - above 10 years 400 grams fruits-vegetables/day.

B. What to avoid: Excessive fried, trans fat, excess salt, chips, processed food, sweet drinks, excessive sugar, excessive alcohol, smoking, excessive vitamins/supplements without need. It is not necessary to completely leave any food because of vaccine.

C. Walking: Adults - at least 150 minutes moderate intensity per week (30 minutes x 5

days). Start with 10-15 minutes. In 65+ balance and muscle strengthening exercises. Children/Adolescents - average 60 minutes/day moderate to brisk. Those with heart disease, chest pain decide intensity with medical advice. This is not treatment for vaccine side effect, general health.

D. Yoga/Pranayam: Tadasana, Vrikshasana (with wall support), Marjari Asana (if pain does not increase), Shavasana, Anulom-Vilom easy, slow diaphragmatic breathing. 10-20 minutes light is sufficient. Kapalbhati, Bhastrika, long Kumbhak, forceful practices are not for everyone - those with heart disease, uncontrolled BP, dizziness should not do without advice. Yoga can help stress/flexibility, but not treatment for heart inflammation or clot due to vaccine.

E. Ayurveda: Tulsi, ginger, turmeric can be part of food, but not proven treatment to prevent/remove vaccine. Ashwagandha, Giloy, Chyawanprash should not be taken regularly without advice. Some herbs can cause liver damage or reaction with medicines (BP, sugar, blood thinner). Risk of adulteration/heavy metals also. Advice from doctor/qualified Vaidya necessary.

6. Should every vaccinated person get special tests? "No". There is no need for special tests like D-dimer, Troponin, ECG, Echo, CT only because of vaccine. Tests on symptoms, history, doctor advice.

Examples:- Continuous chest pain/breathlessness - heart-lung evaluation.- Sudden swelling/pain/warmth in one leg - check for clot.- Unusual bleeding, severe headache, vision/speech problem - immediate evaluation.

Tests only due to fear without symptoms - unnecessary expense and false alarm.

7. Symptoms for immediate help - RED FLAGS- New/severe chest pain- Sudden breathing difficulty- Fainting/severe dizziness- One side drooping of face, difficulty in speaking, weakness on one side- Sudden swelling/pain in one leg + breathlessness- Unusual fast heartbeat + chest pain/fainting- Sudden extremely severe headache, vision change, unusual bleedingIn such case, self-treatment, yoga, home remedy not - immediately emergency 108/102/112 or nearest hospital.

Final scientific conclusion: Some rare, real side effects of COVID-19 vaccine have been identified, monitoring continues. "All vaccinated people will have serious disease in future" - there is no reliable scientific basis for this. There is no need for special tests, detox, supplements, Ayurveda for every person only because of vaccine. Balanced diet, regular exercise, adequate sleep, distance from smoking is useful for long-term health. Get checked for continuous/serious symptoms, avoid self-diagnosis. Future additional doses to be decided according to age, health, guidelines.

Special caution: While sending in family/senior groups, do not scare people without symptoms and advise unnecessary tests or vaccine detox. Currently there is no established treatment that removes vaccine from the body of a healthy person and prevents future side effects.

Footer:Presentation - Sanjay Kumar Bathla - Editor in Chief | Sanjay Kumar Bathla - Editor in Chief | Parivahan Vishesh Newspaper | RNI DELHI/N/2023/86499 | Edition October 2026Source: WHO, CDC, Canada Government physical activity advice.

This is general information, consult registered doctor for personal advice



Parivahan Vishesh - Navratri Special / Dharma-Faith - First Day Maa Shailputri - With Pinki Kundu Ji



2. Second - Maa Brahmacharini - Goddess of penance and restraint
3. Third - Maa Chandraghanta - Peace and courage
4. Fourth - Maa Kushmanda - Mother of creation
5. Fifth - Maa Skandmata - Mother of Skanda (Kartikeya)
6. Sixth - Maa Katyayani - Daughter of sage Katyayan, destroyer of evil
7. Seventh - Maa Kalratri - Destroyer of fear
8. Eighth - Maa Mahagauri - Purity and forgiveness

Resolve - "O Mother, provide stability, health and self-confidence in my life."- Honour of Shailputri as first girl with feeling of Kanya Pujan.

5. Complete method of Ghat Puja and Navratri beginning - In public interest
A. Ghat Sthapana (Kalash Sthapana) - Soul of Navratri:- In auspicious muhurta, at pure place in Ishan Kona (North-East) red cloth on chowki.- Sow barley (Jaware) in earthen pot - symbol of prosperity.- In copper/earthen Kalash put water, Gangajal, betel nut, coin, Akshat, Durva. On mouth of Kalash 5 leaves of mango/Ashoka, above coconut (wrapped with chunari) keep.- On Kalash write Swastik, "Om" with Roli.- Establish Kalash on barley pot, invocation of Varun Dev.- Light Akhand Jyot - keep burning continuously for 9 days, fill oil/ghee regularly.

B. Beginning of Puja:

1. Take resolve - with water, Akshat, flower in hand take resolve of Navratri fast, Puja.
2. Worship of Ganesh Ji, then invocation of Maa Shailputri.
3. Morning-evening Aarti, Durga Chalisa, Durga Saptashati path.
4. Satvik food in fast, fruit diet, purity in mind, distance from anger-greed.
5. On last day Havan, Kanya Pujan (9 girls of 2-10 years), Bhandara.

6. Social message of Pinky Kundu Ji - For public welfare "Navratri is not only fasting, it is a festival of self-purification and social service. In this Navratri let us resolve - education of one daughter, food to one poor, planting one sapling - this is the true service of Maa. Maa Shailputri teaches us - just as mountain remains firm, similarly we should also remain firm in life's difficulties."

Footer:

Writer - Pinky Kundu - Social CounselorPresentation - Sanjay Kumar Bathla - Editor in Chief | Sanjay Kumar Bathla - Editor in Chief | Parivahan Vishesh Newspaper | RNI DELHI/N/2023/86499 | Navratri Special October 2026

Jai Mata Di!

hand, lotus flower in left hand. Half moon on forehead. Fair complexion, divine aura. Being daughter of Himalaya, 'Shailputri' - in previous birth Sati, daughter of Daksha Prajapati, wife of Shiva.-

Story: Sati sacrificed her body in Yogagni due to insult in her father Daksha's yajna, then took birth in the house of Himalaya Raj as Parvati, did severe penance and again attained Shiva. Therefore she is considered presiding deity of Mooladhara Chakra, Goddess of stability, patience and beginning.-

Mantra: Om Aim Hreem Kleem Shailputryai Namah. Beej Mantra - Hreem Shivayai Namah.-

Bhog: Item made from cow ghee, white clothes and rose/marigold flowers are dear.

4. Method to obtain blessings - Sadhana of first day- Morning bath in Brahma Muhurta, clean clothes (white/red/yellow auspicious).- Purify idol/picture of Maa Shailputri with Gangajal, offer Akshat, Kumkum, Chandan, flowers.- Ghee lamp, incense, coconut, fruits offering.- First chapter of Durga Saptashati, Shailputri Kavach, chant mantra 108 times.-

Parivahan Vishesh News

From tomorrow Maa's sacred Navratri festival - First day blessing of Maa Shailputri

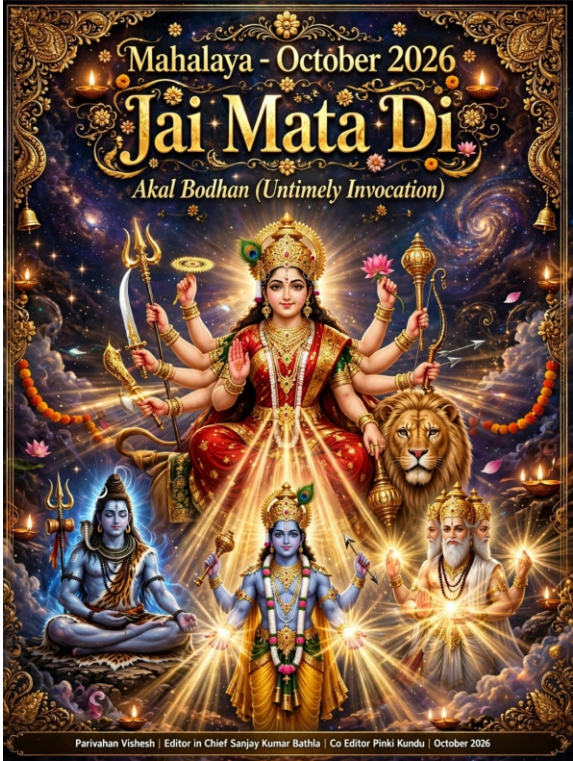
Shakti festival celebrated with devotion all over the world - Divine secret of nine forms of Navdurga and complete method of Ghat Sthapana

Writer: Pinki Kundu - Social Counselor

1. What is the fact - Importance of Navratri
From tomorrow Shardiya/sacred Navratri festival will start. 'Nav' means nine, 'Ratra' means night - for nine nights worship of nine forms of Adishakti Durga. This festival is a symbol of victory of good over evil, knowledge over ignorance and positivity over negativity. All over the world, followers of Indian culture celebrate it with devotion, fasting, sadhana and resolve for public welfare.

2. Main Point - Nine names and order of Navdurga
Nine days of Navratri, dedicated to nine Goddesses:

1. First - Maa Shailputri - Daughter of mountain king Himalaya



This is the wonderful Akal Bodhan of Mahalaya 2026 - Bengali Katha:

Parivahan Vishesh News

The three worlds trembled due to the atrocities of Mahishasura.

Then from the radiance of all the gods, a divine power mass appeared.- Mahadev gave the Trishul (Trident)- Lord Vishnu gave the Sudarshan Chakra- Brahma Ji gave Kamandalu and divine ornaments- All the gods adorned Maa with their powers and said - 'You rest assured, I will establish peace in these three worlds, I will slay Mahishasura.'

This is the moment when Goddess Durga appears with ten arms, riding a lion, bearing all weapons.

Importance of Mahalaya:

On 10th October 2026 is Mahalaya - end of Pitru Paksha and beginning of Devi Paksha. On this very day Maa comes to earth.

Parivahan Vishesh - Parivahan Vishesh | Editor in Chief
Sanjay Kumar Bathla | Date 10th October 2026, Saturday

Maa Durga's arrival message echoed from Mahalaya

Parivahan Vishesh News

Atmosphere filled with devotion and faith on Mahalaya

Parivahan Vishesh Correspondent

Khunti. With Mahalaya, the message of Maa Durga's arrival on earth echoed. Amidst the preparations for Navratri and Durga Puja, special enthusiasm and excitement is being seen among the devotees. Mahalaya is considered the sacred occasion of invoking Maa Durga.

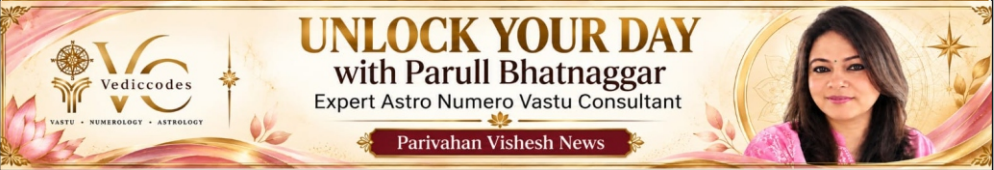
From morning itself, special prayers, Chandi Path and worship of Maa Durga started in temples and places of worship. In Bengal including various parts of the country, Maa Durga was remembered with devotion on the morning of Mahalaya. On the eve of the beginning of Durga Puja, a seminar of Bhagvat lovers was organized at Bhagat Singh Chowk under the auspices of Padma Sarita Adhyatmik Darshan Sangh. In which the President of Padma Sarita Adhyatmik Darshan Sangh, Dr. Deepak Kumar Ghosh said that during Navratri, the pious festival of Maa Durga Puja, the atmosphere becomes devotional. He said that with the name of



Mahalaya before Puja, the traditional Mahishasura Mardini recitation broadcasted in the immortal voice of devotee Birendra Krishna Bhadra also becomes alive in people's memories. He said that the first broadcast of Mahalaya was on 22 September 1931 from All India Radio Kolkata. The recording of his vigorous presentation broadcast is still keeping the spiritual experience of Mahalaya

alive. Social worker of Murhu, Dr. Dharmendra Nath Tiwari said that Mahalaya is not just the beginning of the festival, but also gives the message of victory of Dharma over Adharma, truth over untruth and Shakti over negativity. National President of Akhil Bharatiya Sanskritik Vikas Mahasangh, Tapan Ghosh said that with the welcome of Maa Durga, devotion, faith and new energy has started to be infused in the

atmosphere. Guru Anup Rai said that with the arrival of autumn, worship of Mata Durga starts across the country including Bengal, Jharkhand, Bihar. In the program, Dr. P.K. Biswas, Dhruvendra Bhaskar Tiwari, Jitendra Pandey, Sudhanshu Dutta, Tulsi Prajapati and others also praised the devotion of Mahishasura Mardini Maa Durga and the timeless hymn of Birendra Krishna Bhadra.



MONEY & RELATIONSHIP PREDICTION

Know Your Day • Protect Your Money • Strengthen Your Relationships

Parivahan Vishesh News

11 OCTOBER 2026 | Day vibration: 4 — Discipline, structure, stability and practical progress

Moolank 1

Money & Career: Day 4 asks you to turn leadership into structure. Organise a new plan, budget or work system before pushing ahead; disciplined action will bring more than speed.
Relationship: Your direct style may meet a more serious mood today. Keep promises and show reliability rather than expecting quick emotional responses.
Precaution: Avoid impatience with rules, authority or slower people.
Make Your Day Better: Put one important goal into a clear step-by-step plan.

Moolank 2

Money & Career: Practical planning helps stabilise your sensitive nature. Review expenses, paperwork and commitments carefully; a dependable partnership can be useful.
Relationship: You may want reassurance, while Day 4 asks for maturity and consistency. Notice actions, not only words.
Precaution: Avoid worrying over small delays or depending too much on another person's approval.
Make Your Day Better: Create one practical boundary and complete one pending responsibility.

Moolank 3

Money & Career: Your creativity needs a framework today. Focus on one idea, set a realistic timeline and avoid scattering money or attention across too many plans.
Relationship: Fun and expression remain important, but reliability matters more than charm today. Follow through on what you have promised.
Precaution: Avoid careless spending, unfinished tasks and exaggerated commitments.
Make Your Day Better: Give your best idea a schedule, budget and next action.

Moolank 4

Money & Career: Your natural 4 energy resonates strongly with the day. Excellent for budgeting, documentation, systems, property-related planning and clearing practical backlogs.
Relationship: Stability is valued, but too much rigidity can make the atmosphere heavy. Be dependable without trying to control every detail.
Precaution: Avoid stubbornness, pessimism and excessive fault-finding.
Make Your Day Better: Finish one long-pending task and make room for a little flexibility.

Moolank 5

Money & Career: Day 4 slows your fast-moving energy and asks for verification. Read terms, check expenses and organise your schedule before making a change.
Relationship: Spontaneity may clash with someone's need for certainty. Give clear information rather than keeping options open indefinitely.
Precaution: Avoid impulsive purchases, sudden cancellations and shortcuts.
Make Your Day Better: Complete the practical work behind one exciting idea.

Moolank 6

Money & Career: A useful day to organise household finances, client responsibilities or a creative project. Practical limits will help you support others without overextending yourself.
Relationship: Security and commitment are highlighted. Small dependable actions can mean more than grand emotional gestures.
Precaution: Avoid taking every responsibility on yourself or spending to keep everyone happy.
Make Your Day Better: Simplify one family or financial responsibility and share the load fairly.

Moolank 7

Money & Career: Research and careful analysis suit the Day 4 vibration. Use facts to strengthen a plan, but set a deadline so preparation does not become delay.
Relationship: You may withdraw when things feel demanding. Explain your need for space instead of becoming unavailable without explanation.
Precaution: Avoid over-analysis, isolation and expecting perfection before acting.
Make Your Day Better: Turn one piece of research into a practical decision.

Moolank 8

Money & Career: This is a strong combination for disciplined financial management, authority and long-term planning. Review systems, debts, investments or business processes with patience.
Relationship: Seriousness can become control if you are not careful. Respect responsibilities on both sides and soften your tone in difficult discussions.
Precaution: Avoid power struggles, harsh judgement and risky decisions made from pressure.
Make Your Day Better: Strengthen one financial system and one relationship through fairness.

Moolank 9

Money & Career: Day 4 helps ground your broad, generous energy. Complete unfinished financial matters, organise resources and direct your effort toward something sustainable
Relationship: You may feel responsible for everyone, but healthy relationships also require limits. Support others without rescuing them from every consequence.
Precaution: Avoid guilt-driven spending, emotional exhaustion and carrying old burdens.
Make Your Day Better: Close one pending matter and protect time for your own priorities.

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Grand Nav Shri Keshav Ramlila to be adorned with film stars at Japanese Park, Rohini



Parivahan Vishesh News

Three-storey stage of Nav Shri Keshav Ramlila Committee built on Tridev theme - Pushpendra Rastogi

New Delhi:* Preparations for Ramlila by Nav Shri Keshav Ramlila Committee in front of Japanese Park, Rohini, near Boat Club, Sector 11, have been completed. Chairman of Nav Shri Keshav Ramlila Committee, Pushpendra Rastogi said that this time the Ramlila stage will be staged on a 130 feet long and three-storey grand stage on Tridev theme. He also informed that during Ramlila there will be a complete ban on single-use plastic and a plantation program will also be done in the ground.

Nav Shri Keshav Ramlila Committee Chairman Pushpendra Rastogi said that this year's Ramlila will be historic, wonderful and grand in many ways. Along with enlivening

the country's religious and cultural heritages on stage, a confluence of Indian culture, values and traditions will be seen on stage and through this stage their effort is to inspire very sensitive small children to adopt their culture and values. In the grand staging of Ramlila, dialogues of all characters of Ramayana will be presented by famous artists of Shri Ram Pathik Kala Kendra.Many other programs including Dandiya Night, fair will be organized by Nav Shri Keshav Ramlila Committee. Many stalls will be set up in it. There will be all types of swings in the fair, which will be the center of attraction for children. He told that arrangements will be made for parking of hundreds of vehicles in the Ramlila ground. There will also be arrangements for sitting of hundreds of people, and fair will also be organized. LED screens will be installed at various places in the Ramlila ground, so that people can watch Ramlila.

Administration tightens its grip on polluters, will monitor them day and night: DC

Parivahan Vishesh News

Strict action will be taken against those burning garbage, stubble and plastic waste.

Those who spread pollution on Panchayat land will also not get exemption.

DC Varsha Khanwal issues strict instructions to officials, those negligent in controlling pollution will be held accountable

Jhajjar, October 10

The Jhajjar district administration has adopted a strict stance to effectively control air pollution and protect the environment in the NCR region. DC Varsha Khanwal has issued clear instructions to concerned officials to take effective steps to curb pollution-causing activities within the district. Burning of garbage, stubble, and plastic waste will not be tolerated under any circumstances. Action should be taken against those who violate the rules, as per the rules.The DC directed officials to ensure that pollution control teams maintain daytime and nighttime vigils to effectively curb open burning of garbage and other environmentally damaging activities. He said that concerned officials should take immediate action upon receiving pollution-related complaints and monitor the situation through regular inspections in their respective areas.Burning of garbage and plastic waste in the open will be closely monitored.DC Varsha Khanwal said that special vigilance should be exercised to prevent incidents of burning garbage, stubble and plastic waste on roads, vacant

plots and other open spaces. The concerned departments should regularly monitor their areas and take necessary action immediately if such activities are noticed. She also directed to take effective measures to prevent dust from flying on the roads, which will help in reducing air pollution. She instructed the officials to work in coordination with each other to ensure compliance with the rules related to pollution control. Instead of limiting themselves to action on complaints only, regular inspections should also be conducted in potentially pollution-affected areas so that polluting activities can be curbed in time.Action will be taken against those who spread pollution on Panchayat land.Taking seriously the pollution-causing activities on Panchayat land, the DC directed all Block Development and Panchayat Officers (BDPOs) to maintain special vigilance in their respective blocks. He clarified that if garbage is dumped, burned, or any other polluting activity is found on Panchayat land, action will be taken against the concerned land user as per the rules.He said that effective compliance with environmental protection regulations should be ensured in rural areas as well. Monitoring systems should be strengthened at the Panchayat level, and people should be made aware of maintaining cleanliness and proper waste disposal.SDMs will conduct regular monitoring in their respective areas.

DC Varsha Khanwal directed all SDMs to



regularly review pollution control measures in their respective areas and maintain coordination with the relevant departments. She said that the pollution control teams should remain active and conduct round-the-clock inspections to keep an eye on violators.

The DC clarified that no leniency will be tolerated when violating environmental protection regulations. It is the responsibility of officials to work diligently to prevent pollution in their areas and ensure prompt redressal of complaints. He added that maintaining a clean and pollution-free environment is a collective responsibility of both the administration and the public. Only through public cooperation and effective monitoring can efforts to control air pollution in Jhajjar district be successful.

Service Resolution Campaign 2026

Parivahan Vishesh News

Seva Setu camps proving beneficial for villagers: CEO

Villagers reached the Seva Setu Camp organized at Morni Chaupal in Birohad to become beneficiaries of government schemes.

District Council CEO Manish Phogat and Surendra Sharma visited the Seva Setu Camp in Birohad village of Matanhail.

Under the guidance of DC Varsha Khanwal, various departments set up stalls and provided information about the schemes.

All residents of the area took advantage of government services, public welfare schemes and health check-ups.

Jhajjar, October 10

Under the Seva Sankalp Abhiyan, with the aim of making the benefits of government services and public welfare schemes easily available to the citizens, Seva Setu Camp was organized at Morni Chaupal in Birohad village of Matanhail on Saturday. District Council CEO Manish Phogat and Surendra Sharma visited the Seva Setu Camp. On reaching the camp, BDPO Matanhail Dr. Anjali Sharma welcomed the chief guests. A large number of villagers reached the camp and

got information about the schemes and services of various departments and took advantage of the available facilities. Under the guidance of DC Varsha Khangwal, Seva Setu Camp is being organized in Jhajjar district till 17th October under Seva Sankalp Abhiyan to benefit the general public.

Citizens are informed about the welfare schemes, services and programmes run by the government.

While observing the camp, District Council CEO Manish Phogat said that stalls were set up by various departments, where departmental officers and employees informed citizens about the government's public welfare schemes, services, and programs. Citizens were also informed in detail about the eligibility criteria for the schemes, the application process, and the benefits available. Efforts were made to resolve the problems and queries of the people who came to the camp on the spot.

Meanwhile, Surendra Sharma said that the purpose of the Seva Setu Camp being organized under the Seva Sankalp Abhiyan is to bring government schemes and services closer to the common people, so that eligible citizens do not have to visit different offices for information about the schemes and they can get the necessary information

and guidance at one place. He appealed to the villagers to reach the Seva Setu Camp as per the schedule of the administration and get information about the schemes and services of various departments and avail the benefits of the government's public welfare schemes as per their eligibility.

Inspired towards health preservation and healthy lifestyle

The Health and AYUSH Departments also organized a health check-up camp at the Seva Setu Camp. Citizens were also screened and provided with essential information and advice regarding health care, a healthy lifestyle, and the AYUSH system. Visitors to the camp benefited from information about government schemes and health-related facilities.

Citizens were enthusiastic about receiving information about various schemes at the camp. Visitors to departmental stalls gathered information based on their needs and understood the process required to avail themselves of the benefits of these schemes based on their eligibility. Officials and employees encouraged the public to take maximum advantage of government schemes. District Social Welfare Officer Renu Bala and other officials were present on the occasion.



Seva Setu Camp on 12th under Seva Sankalp Abhiyan in Machhrauli and Dhakla

Parivahan Vishesh News

District Council CEO Manish Phogat gave the information

Jhajjar, October 10

As part of the district-wide Seva Sankalp Abhiyan, Seva Setu camps are being set up in urban and rural areas to bring the benefits of government schemes closer to the

public. Under the guidance of Deputy Commissioner Varsha Khanwal, people are taking advantage of government schemes at the Seva Setu camps.Giving information, District Council CEO Manish Phogat said that Seva Setu camps will be organised on Monday, October 12 at Machhrauli block headquarters and village Dhakla, on October 13 at village Khuddan, on October 14 at Salhawas block headquarters and on October 15 at village Bhuravas.

Online applications invited for licenses of 2,651 ration depots in Haryana

Parivahan Vishesh News

Apply on Saral portal by November 10, women will get 33 percent reservation: DC Varsha Khanwal

DFSC Aditya Kaushik appealed to the eligible applicants to study the guidelines and eligibility conditions before applying.

Jhajjar, October 10

The Haryana government has taken significant initiatives to further strengthen the public distribution system in the state, ensure easy availability of ration to eligible families, and increase self-employment opportunities for youth. Under this initiative, online applications have been invited for the issuance of licenses for 2,651 vacant fair price shops (ration depots) in the state. This process includes a 33 percent reservation for women. Interested and eligible applicants can apply online until November 10, 2026.DC Varsha Khanwal said that this initiative aims to address the problems faced by eligible families who have to travel to distant ration depots to obtain rations. The allocation of new ration depots will provide convenience to needy families. Additionally, eligible youth and women will gain self-employment opportunities, and public distribution system services will become more effective at the grassroots level.DFSC Aditya Kaushik informed that application for license of fair price shops can be made through Haryana Antyodaya Saral Portal <https://saralharyana.gov.in> . Before applying, interested applicants should thoroughly study the prescribed guidelines, application process and eligibility conditions so that there is no problem while applying. He informed that district wise and village wise details of vacant ration depots, detailed application guidelines and eligibility conditions are available on the official website of Food, Civil Supplies and Consumer Affairs Department, Haryana <https://haryanafood.gov.in> . Applicants can get information about vacancies available in their area

 हरियाणा सरकार

GOVERNMENT OF HARYANA

 खाद्य, नागरिक आपूर्ति एवं उपभोक्ता मामले विभाग हरियाणा

Food, Civil Supplies and Consumer Affairs Department
Government of Haryana

Be aware, Be safe.



Details to be checked on every pre-packaged commodity:

- Name and address of the Manufacturer / Packler / Importer
- Common or Generic name of commodity
- Net quantity
- Month and year of Manufacture / Packaging / Import

Maximum Retail Price (MRP)

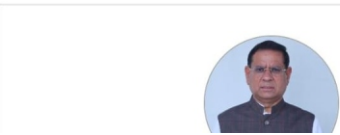
- Consumer care details
- Country of origin
- Month and Year after which commodity may become unfit for human consumption

Multimedia for Consumer



Latest News

Suggestion / Objection are invited regarding Haryana Legal Metrology (Enforcement) Rules, 2026 New



through these websites.DFSC appeals to all interested and eligible applicants, especially youth and women, to avail this opportunity and apply online by the last date i.e. November 10, 2026 and ensure their participation in strengthening the Public Distribution System in the state.

Message given to villagers to adopt healthy lifestyle through Ayurveda and Yoga

Parivahan Vishesh News

A health camp was organised in village Birohad on the theme 'Seva Mera Yogdan' (Service is my contribution), 55 people received Ayurvedic treatment; 23 people practiced yoga.

Jhajjar, October 10 .

Under the guidance of District Magistrate Varsha Khanwal, the general public is being made aware of health, hygiene and a healthy lifestyle through various activities as part of the Seva Sankalp Abhiyan, which is being run till October 17th. In this series, on Saturday, a health and yoga awareness camp was organized by the AYUSH department in village Birohad under the theme 'Service is my contribution'. In the camp, along with providing Ayurvedic medical services to the people, information was also given about the importance of regular yoga practice.District Ayurvedic Officer Dr. Suman stated that under the Seva Sankalp Abhiyan, the AYUSH

department is continuously striving to strengthen public health, promote preventive health services, and motivate people to adopt a healthy lifestyle. He added that 55 beneficiaries received health services through the Ayurvedic OPD at a health camp organized by GAD Sasrauli in village Birohad. Additionally, 23 people were made aware of physical and mental health through yoga exercises.Yoga awareness campaign organized in gymnasiumsDistrict Yoga Coordinator Dr. Pawan Deswal said that as part of the Seva Sankalp Abhiyan, yoga assistants at various gymnasiums in the district organized yoga awareness tours in their respective areas. Through these tours, people were encouraged to adopt regular yoga practice, be vigilant about their physical and mental health, and make yoga an integral part of their daily routine.He said that regular yoga practice helps foster a healthy lifestyle. The AYUSH Department is organizing various activities to enhance public access to healthcare services and raise health awareness by combining Ayurveda and yoga.



2. Warning of hunger strike: Ladakh activist Sonam Wangchuk released video saying - If detained protesters are not released then he will again go on hunger strike or padyatra.

Note: This report is based on site inspection and statements of villagers, fact checking ongoing, version of concerned department will be published.

Footer:
Presentation - Sanjay Kumar Bathla - Editor in Chief | Sanjay Kumar Bathla - Editor in Chief | Parivahan Vishesh Newspaper | RNI DELHIN/2023/86499 | Rourkela Special - October 2026***Truth • Fact • Accountability • Investigation ongoing"lture and its sporting talent.



Dr Vijay Garg

Retired Principal Educational columnist Eminent Educationalist street kour Chand MHR Malout Punjab

Parivahan Vishesh News

Dr. Vijay Garg

Progress is not merely the result of hard work, intelligence or opportunity. At its heart lies a powerful human quality—the curiosity to learn. The desire to understand the unknown, ask questions, explore new ideas and improve existing knowledge has been the driving force behind human civilization. From the discovery of fire to the development of artificial intelligence, every major advancement has begun with a question and a willingness to search for its answer.Learning is not simply the process of collecting information. It is a continuous journey of discovery that transforms our thinking, strengthens our abilities and helps us adapt to a changing world. The person who remains curious never stops growing, because every experience becomes an opportunity to learn something new.## Curiosity: The Beginning of KnowledgeEvery child enters the world with a natural desire to explore. Children ask countless questions: Why is the sky blue? How do birds fly? Why does the Moon change its shape? These questions may appear simple, but they reflect the fundamental spirit of scientific inquiry.Unfortunately, as people grow older, many begin to hesitate before asking questions. Fear of criticism, examination pressure, social expectations and the desire to appear knowledgeable can gradually weaken their curiosity. Some people believe that asking questions reveals ignorance. In reality, asking thoughtful questions is a sign of an active and independent mind.Science progresses because scientists refuse to accept every explanation without investigation. They observe, question, experiment and evaluate evidence. Similarly, students and professionals make meaningful progress when they develop the habit of questioning, exploring and verifying

The Curiosity to Learn: The Real Science of Progress



Dr. Vijay Garg (Retired Principal & Eminent Scientist)

information rather than memorising facts mechanically.Curiosity opens the door to knowledge, while critical thinking helps us distinguish reliable information from misleading claims.## Learning Is a Lifelong ProcessEducation does not end with school, college or the achievement of a degree. Formal education provides a foundation, but lifelong learning enables individuals to remain relevant, confident and capable throughout their lives.The world is changing rapidly. New technologies are transforming workplaces, scientific discoveries are changing our understanding of nature, and social developments are creating new challenges. Knowledge that was sufficient yesterday may not be adequate tomorrow.In such circumstances, the willingness to learn becomes more valuable than the ability to memorise information. A student must learn how to learn. A teacher must continue updating knowledge. A scientist must remain open to new evidence. A farmer must explore improved agricultural practices, and a professional must develop new skills to meet changing demands.Even after retirement, learning can provide intellectual satisfaction, social engagement and a renewed sense of purpose. Reading books, learning a language, understanding technology, exploring scientific ideas or sharing knowledge with younger generations can keep the mind active and productive.Age may change the pace of learning, but it need not end the desire to learn.## The Science Behind the Desire to LearnCuriosity has a close relationship with the human brain. When we encounter something unfamiliar, the

brain becomes motivated to seek information and resolve uncertainty. Attention, memory and reasoning work together to help us understand new experiences.Learning becomes more effective when individuals actively participate in the process. Asking questions, solving problems, discussing ideas, conducting experiments and connecting new information with existing knowledge often produce deeper understanding than passive memorisation alone.Mistakes also play an important role. When an answer proves incorrect, learners receive an opportunity to reconsider their assumptions and improve their understanding. This process is essential in scientific research, where unsuccessful experiments may reveal important information and guide future investigations.However, curiosity must be supported by discipline. Interest encourages us to begin learning, while regular practice, patience and reflection help us develop mastery. Genuine progress emerges when curiosity and consistent effort work together.## Failure: Another TeacherOne of the greatest obstacles to learning is the fear of failure. Students may avoid difficult questions because they worry about losing marks. Employees may hesitate to suggest new ideas because they fear rejection. Researchers may become discouraged when experiments do not produce the expected results.Yet failure is not always the opposite of progress. When examined honestly, it can provide valuable feedback.Thomas Edison is widely associated with persistent experimentation in the development of practical electric lighting. His work

illustrates the importance of repeated testing, learning from difficulties and refining ideas.The important lesson is not that every failure automatically leads to success. Rather, progress becomes possible when we analyse mistakes, identify their causes and make informed improvements.A healthy learning environment should therefore encourage effort, experimentation and constructive feedback. Children should understand that not knowing an answer is not a weakness. Refusing to learn from experience is a far greater limitation.## The Role of Teachers and Educational InstitutionsTeachers play a decisive role in nurturing curiosity. A good teacher does more than deliver information; a good teacher inspires students to think independently, investigate problems and develop a lasting love of learning.Classrooms should provide opportunities for discussion, practical activities, scientific experiments, project work and real-life problem-solving. Instead of asking students only to reproduce textbook answers, educators should encourage them to explain why something happens and how an idea can be tested.Examinations have their place in education, but learning should not become limited to marks, ranks and competition. When students focus exclusively on scores, they may memorise answers without developing genuine understanding.The purpose of education is not merely to prepare students for examinations. It is to prepare them for life.Schools and colleges should also recognise individual differences. Every student has different interests, abilities and learning needs. Some



discover their strengths in mathematics, others in literature, art, technology, agriculture or social service. Encouraging diverse interests helps learners discover their potential and develop confidence.## Technology: An Opportunity and a ResponsibilityDigital technology has made knowledge more accessible than ever before. Online courses, digital libraries, educational videos, virtual laboratories and artificial intelligence tools can help learners explore subjects beyond the boundaries of traditional classrooms.Students in remote villages and small towns can now access educational resources that were once difficult to obtain. This creates valuable opportunities for educational inclusion and self-directed learning.However, easy access to information does not automatically guarantee meaningful knowledge. The internet also contains misinformation, superficial content and distractions that can weaken concentration.Learners must develop digital literacy: the ability to verify sources, compare evidence, recognise bias and use technology responsibly. Artificial intelligence can support learning, but it should not replace independent thinking. Students should use it to clarify difficult concepts, explore alternative explanations and practise problem-solving rather than simply copy answers.Technology becomes a genuine instrument of progress when it strengthens human understanding instead of encouraging intellectual dependence.## Curiosity and the Progress of SocietyThe benefits of learning extend beyond individuals. A curious society is better equipped to solve public problems, improve healthcare, protect the environment and develop innovative technologies.Farmers who explore water-saving techniques can contribute to sustainable agriculture. Citizens who learn about public health can make better-informed decisions. Communities that understand environmental science are more likely to recognise the importance of conserving forests, reducing pollution and protecting biodiversity.Similarly, societies that encourage scientific inquiry, open discussion and evidence-based decisions are better prepared to address complex challenges.Progress requires not only new inventions but also the willingness to reconsider outdated beliefs, correct errors and learn from different experiences. Knowledge grows when people exchange ideas respectfully and remain open to evidence, even when it challenges familiar assumptions.## How Can We Develop the Habit of

Learning?The desire to learn can be strengthened through simple daily practices.First, cultivate the habit of asking questions. Whenever you encounter something unfamiliar, try to understand its causes and implications.Second, read regularly. Books, newspapers, scientific articles and reliable digital resources introduce new perspectives and expand understanding.Third, learn through experience. Practical activities, observation, discussion and experimentation make knowledge more meaningful.Fourth, welcome constructive criticism. Feedback helps identify weaknesses and suggests ways to improve.Fifth, set small learning goals. Learning a new concept, practising a skill or reading a few pages every day can produce substantial progress over time.Finally, remain humble. The more we learn, the more clearly we recognise how much remains unknown.## Conclusion: Keep the Flame of Curiosity AliveThe real science of progress lies in the continuous interaction between curiosity, knowledge, experience and improvement. Curiosity encourages us to ask questions, learning provides understanding, experience tests that understanding, and reflection helps us grow.A degree may certify educational achievement, but the desire to learn determines how far a person can continue to develop. A successful individual is not necessarily the one who knows everything, but the one who remains willing to learn, unlearn and relearn.In a world of rapid change, the greatest advantage is not possessing all the answers. It is having the courage to ask better questions and the patience to search for meaningful answers.Let us create homes, classrooms and communities where questions are welcomed, mistakes become opportunities, knowledge is shared and curiosity is celebrated.

The moment we stop learning, we limit our possibilities. The moment we become curious, we open new doors to progress.

Dr Vijay Garg Retired Principal Eminent Scientist street kour Chand MHR Malout Punjab -152107

The Silence Between Words



Parivahan Vishesh News

Dr. Vijay Garg

Words are powerful. They can inspire, heal, educate, comfort and even change lives. Yet, sometimes, what remains unspoken can be more meaningful than what is said. Between two words, there is often a pause—and within that pause, there may be emotions, thoughts, memories and truths that language cannot fully express. We live in a world filled with noise. Phones ring, messages arrive, conversations continue and social media constantly demands our attention. In such a world, silence can feel unusual. But silence is not always emptiness. It can be a space for reflection. The silence between words may reveal what a person truly feels. A smile after a difficult sentence, a pause before answering a question, or tears that replace an explanation can communicate more than a long speech. Sometimes, people remain silent because they are thinking deeply. Sometimes they are protecting someone. Sometimes they simply do not have the right words for what they feel.Good communication is not only about speaking. It is also about listening. When we listen carefully, we begin to notice pauses, changes in tone and moments of hesitation. These small signals can help us understand others with greater sensitivity.Silence can also improve our relationship with ourselves. A few quiet moments each day can allow us to examine our thoughts, understand our emotions and reconsider our

decisions. In silence, the mind gets an opportunity to slow down.For students, silence can become a powerful learning tool. Reading quietly, observing nature or simply sitting without digital distractions can improve concentration and creativity. For teachers and parents, listening patiently may sometimes help a child more than giving immediate advice.However, silence should not always be romanticised. There are times when speaking is necessary—especially against injustice, discrimination, violence or harmful practices. The wisdom lies in knowing when silence is meaningful and when a voice is needed.Perhaps the deepest conversations are not always made of sentences. They are created through understanding, presence and empathy. Two people sitting quietly together may communicate more deeply than two people speaking endlessly.The silence between words is therefore not merely a gap in communication. It is a place where meaning lives. It reminds us that communication is not only about what we say, but also about what we notice, what we feel and what we understand.In a noisy world, learning to appreciate meaningful silence may be one of the simplest ways to rediscover ourselves—and to understand others more deeply.

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The Roar of Silence: The government may suppress the voice of dissent, but the world is listening



Parivahan Vishesh News

(Article: Apoorvanand)

The Bharatiya Janata Party has lost its sleep. It is seeing opponents everywhere, it is haunted by the ghost of opponents. Delhi Police, Bengal Police, Gujarat Police, Madhya Pradesh Police, police of every state and city are going around every lane, sniffing every youth with their eyes to see if he is going to participate in the demonstration at Jantar Mantar on the 10th!Delhi Police is trying to gauge the steps of anyone walking on any street in Delhi to see if they are about to turn towards Jantar Mantar. At this moment, every person is a potential protester for the government.

Delhi has been turned into a cantonment. Reserve police personnel from West Bengal, Jammu and Kashmir, Chhattisgarh are being brought to Delhi by plane. Some 20,000 paramilitary personnel are already deployed in Delhi. And 12,000 are being landed in Delhi.

According to latest news, 221 companies of Central Armed Police Force are being provided to Delhi Police. 10 detention centres have been prepared, where arrested people will be kept. Taxi companies like Ola, Uber are being told not to be on the streets of Delhi on 10 October and around it. Hotels are being told not to give space to guests. Two main railway stations of Delhi have been closed. Trains coming towards them and



going from there have been cancelled. 57 metro stations have been closed. Barricades have been put up on almost every street of Delhi. Shops and restaurants have been told to finish work early.

Internet has been shut down in a large part of Delhi. But classes in colleges of Delhi University have been made online. And how will they run without internet? No answer. There is heavy police deployment around campuses.

There is heavy police deployment outside offices of political parties. Many YouTubers are alleging that they are being called and asked to go to Jantar Mantar and make videos in favour of the government and money is being given for this. It is clear that the government no longer has trust in its own people. Or say people, because its own people are openly

making videos and roaming around Jantar Mantar. They are threatening that they are ready to teach a lesson to opponents of the government.Why is police not arresting these goons who threaten violence? It is catching from various places all those people whom it suspects will participate in the demonstration but it has left these goons free. Is it because these goons are companions of the police? These are those people who raise slogans: Delhi Police wield the lathi, we are with you.

So today the goons who wield lathis are free and people armed only with ideas are arrested. Hundreds of youths have been arrested, rather it should be said, police has picked them up. Police personnel have camped at homes of many people. This is completely illegal.

But courts have no objection to this. In

Madhya Pradesh High Court, Justices pushed aside the habeas corpus petition. Said that police should send these people to their parents. Think, police has disappeared minors without any process and the court is not finding this bad. Rather it is saying to wait till 13 October. That is, police can make you disappear whenever it wants, for as many days as it wants.

Similarly, Supreme Court finds it appropriate that government completely jams Delhi. The right to freedom of movement of citizens now has no meaning, because the court is more concerned about the government's right to survive somehow. The court said that if permission for protest has not been taken, then it is illegal and government is free to stop it. It also finds it okay to bring the city to a standstill.

If the entire state stands against you with all its might then what is proved? Who is more powerful? Who is scared? The one who is scared is scaring those who raise slogans with sticks and guns.

But, slogans are being raised. Even if government stuffs a bullet in its ear, slogans are being raised and even if it is not listening, everyone else is listening.

Today if throat is pressed at Jantar Mantar and there is only silence, then the roar of this silence itself will be heard by all.(Author teaches at Delhi University.)

After invoking Goddess Jagadamba through Shakti Puja, Ram had launched the attack on Ravana

Parivahan Vishesh News

Presentation Sunil Bajpai

The Shardiya Navratri starting today, Sunday, will conclude on 20th October. During the nine days of Navratri, as part of worship of the nine forms of Maa Bhagwati, there is a tradition of worshipping one Shakti each day. The nine arts (vibhuti) of Adishakti, called the operator of creation, are called Navdurga. In 'Markandeya Purana', Navdurga is mentioned in the forms of Shailputri, Brahmacharini, Chandraghanta, Kushmanda, Skandmata, Katyayani, Kalratri, Mahagauri and Siddhidatri.During Navratri, Bhagwati Mahashakti is never pleased without Kanya Pujan. Through Kanya Pujan, sages have taught us respect for women. During Navratri, devotees of the Goddess should take a pledge that they will respect girls and women throughout their life and will always strive for their safety. Only then will the Shakti Puja of Navratri be completed in the true sense. Only then will there be awakening in us and also in society.At present, today 11th October first day of Navratri - worship of Maa Shailputri, 12th October second day of Navratri - worship of Maa Brahmacharini, 13th October third day of Navratri - worship of Maa Chandraghanta, 14th October fourth day of Navratri - worship of Maa Kushmanda, 15th October fifth day of Navratri - worship of Maa Skandmata, 16th October sixth day of Navratri - worship of Maa Katyayani, 17th October seventh day of Navratri - worship of Maa Kalratri, 18th October eighth day - Durga Ashtami fast, 19th October ninth day - worship of Maa Mahagauri and on 20th October (Dashami) with worship of Maa Siddhidatri, Shardiya Navratri will conclude.According to religious beliefs - by worshipping Maa Durga with proper rituals, happiness and peace is attained in life and family



members also progress.About the Navratri Kalash Sthapana muhurat and spiritual importance, what Pandits tell. According to that 'Ya Shrih Swayam Sukritinam Bhavaneshvalakshmih, Papatmanam Kritaghiyam Hridayeshu Vriddhih. Shraddha Satam Kulajan Prabhavasya Lajja, Tam Tvam Natah Sma Parinalaya Devi Vishwam..' The Goddess who herself resides in the form of Lakshmi in the houses of virtuous souls, in the form of poverty in the houses of sinners, in the form of intellect in the hearts of pure-hearted men, in the form of faith in good men and in the form of modesty in noble people, we all bow to you, O Bhagwati, with reverence. O Paramba! Bless the entire world. Navratri is considered the best time for worship of Adyashakti. Due to absence of inauspicious nakshatra Chitra and Vaidhriti yoga on Ashwin Shukla Pratipada, and increase of Shukla Tiritiya tithi, Navratri will prove especially auspicious and will cause defeat of enemies of the nation.According to Pandit

Jyotishacharya, Ghatasthapan will be especially auspicious in temples and Shakti Peeths from 06:19 to 10:12 in the morning. In special pandals made for worship of Bhagwati and in homes, it will be generally auspicious from 11:44 to 12:31 in the morning.If we talk about spiritual importance of Navratri, then there are four Navratris in a Samvatsar (year). Nine days from Pratipada to Navami of Shukla Paksha of Chaitra, Ashadh, Ashwin and Magh months are called Navratri. In these four Navratris, two are secret and two are open, Navratri of Chaitra is called Vasantik and Navratri of Ashwin is called Shardiya Navratri. At the end of Vasantik Navratri comes Ram Navami and at the end of Shardiya Navratri comes Durga Maha Navami, therefore they are also called Ram Navratri and Devi Navratri. But in Shakta sadhana, special importance has been given to Shardiya Navratri. For this reason in Bengal Durga Puja mainly happens in Shardiya Navratri only.While mention of Shardiya Shakti Durga Puja is found in Rigveda. In Bengal Durga Puja happens in huge idols on

Saptami, Ashtami and Maha Navami. Jagmata has been adopted here in the form of a daughter, as if a married daughter comes from husband's house with son for three days to her parents. Maa, holding ten types of weapons in ten arms, riding on a lion, placing one foot on the shoulder of Mahishasur, is killing him with a trident. Shardiya Shakti Puja also got special popularity from the ritual of Maryada Purushottam Shri Ram Chandra in Treta Yuga. Detailed description of Shardiya Navratri fast and Shakti Puja performed by Lord Shri Ram Chandra is found in Devi Bhagwat. According to it, as soon as Shri Ram's Shakti Puja was completed, Jagadamba appeared. After completing the fast of Shardiya Navratri, on the day of Dashami Shri Ram attacked Lanka. After killing Ravana, on Kartik Krishna Amavasya Shri Ram Chandra returned to Ayodhya with Bhagwati Sita. Perhaps this belief, this trust and spiritual concept itselfhas given us the good fortune of being devotees of Maa Bhagwati. Who does not delay in freeing devotees from every crisis..

Departments of thirteen officers changed in Jharkhand government



Parivahan Vishesh News

Kartik Kumar Parichha, State Head Jharkhand

Ranchi Jharkhand government has transferred 13 officers of the

administrative service. The Personnel, Administrative Reforms and Official Language Department of the Jharkhand government has also issued a notification regarding this. Earlier, two officers of the Jharkhand Administrative Service were relieved, action was taken

against one. In which Maneka: Joint Election Commissioner, Rural Development Department. Harivansh Pandit: Director (Administration), Birsra Agricultural University. Dinesh Kumar Ranjan Joint Secretary, Tourism, Art Culture, Sports and Youth Affairs

Department. Manish Kumar: Joint Secretary in the Transport Department. Mahendra Kumar: Chief Executive Officer, Backward Class Commission has been made Muntaz Ansari: Joint Secretary, Drinking Water and Sanitation Department.Ajay Kumar Tirkey as Deputy Secretary, Department of Personnel, Administrative Reforms and Official Language.Alok Kumar as Chief Executive Officer, Jharkhand State Khadi and Village Industries Board.Sanjeev Kumar Lal appointed Secretary, State Information Commission.Dheeraj Prakash has been appointed Under Secretary, Department of Food, Public Distribution and Consumer Affairs. Manisha Vats has been appointed Under Secretary, Department of School Education and Literacy.Bipin Kumar Dubey as Under Secretary, Technical Education Department. Vinay Prakash Tigga as Under Secretary, Cabinet Secretariat and Monitoring Department.In the ongoing proceedings against three officers in the Personnel, Administrative Reforms, and Official Language Department, two have received relief, but the proceedings against the third will continue. A notification has been issued at the departmental level.

Keshav Sharma Honoured



Parivahan Vishesh News

Mathura.* A felicitation ceremony of the committee in a was organized at Hotelprestigious company Nivishka Inn, Mathura is a matter of pride for under the aegis of Braj all of us. He felicitated Yatayat and Paryavaran Janjagrukta Samiti (Regd.), Uttar Pradesh. In the ceremony, important member of the committee Keshav Sharma was honoured on being selected for the post of Implementation Executive at Edunext Technologies Private Limited, Noida, Uttar Pradesh. Keshav Sharma has studied at BSA College of Engineering and Technology, Mathura.Founder

President of the committee Vinod Dixit said that selection of an important member of the committee in a was organized at Hotelprestigious company Nivishka Inn, Mathura is a matter of pride for under the aegis of Braj all of us. He felicitated Keshav Sharma by giving him a citation letter while extending heartfelt congratulations and best wishes. He said that this achievement of Keshav Sharma is inspiring for the youth and will inspire them to continuously move forward towards their goal.On this occasion, Narendra Dixit, Arjun Solanki, Gaurav Saxena, Sudesh Kumar, Bhanu Pratap Singh, Harsh Saini, Shivam Dixit, Pooja Verma and others were prominently present.

VHP Issues Guidelines for Navratri Garba Events

Parivahan Vishesh News

Swatantar Singh Bhullar New DelhiParivahan Vishesh Newspaper Daily

The Delhi Prant unit of the Vishva Hindu Parishad (VHP), a registered organisation, has issued a set of guidelines for organisers of Garba events during the Navratri festival. Titled "Guidelines for Safety, Values and Discipline," the framework was issued by Sunil Suri, Prant Minister of VHP Delhi Prant. According to the guidelines, Navratri is a festival of faith, strength and Indian culture. Garba events should therefore be organised in a safe, disciplined and culturally respectful environment to ensure that all participants can celebrate the festival peacefully. The guidelines outline four key areas: entry and identity verification, women's safety, religious and cultural decorum, and security and discipline.Under the first point, the VHP has called for entry to be permitted only after prior registration and verification of a valid identity document. The same verification procedure should apply to all participants. Entry should be denied in cases involving false identities, fictitious names or attempts to enter using another person's identity. If necessary, the administration should be informed. Organising committees have also been advised to establish appropriate registration and entry-management systems.On women's safety, the guidelines recommend deploying an adequate number of female volunteers at the venue. Any complaint involving harassment, inappropriate behaviour or other forms of misconduct should be addressed promptly. The framework also calls for a dedicated women's help desk and special safety arrangements for minors. Regarding religious and cultural decorum, the guidelines recommend making arrangements for tilak application, encouraging the wearing of kalawa (sacred threads) and promoting traditional Indian attire. They also call for



maintaining an atmosphere of respect for deities and Indian culture, prohibiting obscene or objectionable songs and performances, and giving preference to traditional and cultural music.The fourth area concerns security and discipline. Entry should be allowed only through authorised gates, and unregistered participants should not be admitted. Alcohol, intoxicants, weapons and other prohibited items should be strictly barred from the venue. Organisers have been advised to ensure CCTV surveillance, adequate lighting, a women's help desk and emergency exits, while maintaining coordination with the local administration.The guidelines also outline a supportive role for the Bajrang Dal and Durga Vahini during Garba events. According to the framework, their volunteers will assist with matters relating to security, discipline and women's dignity. They are expected to remain vigilant during the events and coordinate with organisers if any inappropriate activity comes to their notice. Organisers may also contact the VHP for assistance, if required. The framework further states that volunteers must not take the law into their own hands in the event of a dispute or suspected misconduct. Instead, they should inform the organising committee and, where necessary, the police or local administration. Any action against an individual, the guidelines state, should be based on actual irregularities in identity verification, inappropriate behaviour or a violation of the event's rules.

Haryana's Public Works and Public Health Engineering Minister Ranbir Gangwa will lay the foundation stone of Barwala's Shaheed Memorial and City Park on 12 October, will also hear public grievances

Parivahan Vishesh News

Haryana Hisar // Rajesh Saluja

Haryana's Public Works and Public Health Engineering Minister Ranbir Gangwa will visit Barwala region on Monday, 12 October.

He will lay the foundation stone of Shaheed Memorial and City Park at 10:30 AM. After the foundation stone ceremony, he will also listen to the problems and complaints of local residents and the general public. Regarding this official tour, officers of the concerned departments have been instructed to remain present, so that the complaints of the general public can be resolved on the spot.



Minor Boy Dies Tragically After Being Hit by Train While Making Reels on Railway Tracks

Parivahan Vishesh News

Manoranjan Sasmal , State Head Odisha

Boudh/Bhubaneswar : A minor boy died after being hit by a train while making social media reels on the railway tracks. In the present era, young people are increasingly putting their lives at risk in a bid to go viral on social media and gain a few likes. A tragic incident of this kind has occurred in Odisha's Boudh district.The incident took place on the Khurda-Balangir railway line, where the minor was reportedly recording reels when a speeding train struck him, killing him on the spot.

According to available information, the deceased was a resident of Talupali village under Bausuni police station limits in Boudh district. On the previous evening,



**Parivahan Vishesh -
Shardiya Navratri Puja
Special - Bhog and
Moksha Dayini Bhagwati
Upasana - Shardiya
Navratri Holy Festival
Begins - Gorakhpur**

Leader Shivendra Prakash Suman, and all team members. He stated that the responsibility is not only an honour but also an important commitment. He assured the team that he would discharge his duties with sincerity, dedication, and a strong sense of responsibility, striving to live up to the trust placed in him. He observed that Teachers of Bihar is a strong platform that enables teachers to share their educational innovations, creative activities, and effective teaching methodologies. Through this platform, teachers learn from one another's experiences and exchange ideas to make the teaching-learning process more effective and improve the quality of education. Speaking about his priorities as State Team Coordinator, Keshav Kumar said that his primary objectives would be to strengthen coordination among team members, encourage educational innovations, and make the organization's activities more effective and far-reaching. He expressed confidence that the collective efforts and cooperation of team members would further strengthen the organization's mission and objectives. He concluded by saying, "The trust placed in me is both an honour and a commitment. I will work with all energy, sincerity, and dedication to fulfil this new responsibility and make a meaningful contribution to the growth and progress of Teachers of Bihar."

"Natural Justice is the essence of fair adjudication... prevention of miscarriage of justice." Articles 14, 21: Arbitrary action violates right to equality and life. Rules-Laws:- Bihar CCA Rules, 2005 Rule 17(3), 17(4), 17(6)(iii), 17(14): List of documents/witnesses along with charge sheet, oral examination of witnesses, cross-examination mandatory.- State of U.P. vs Saroj Kumar Sinha, (2010) 2 SCC 772 (Para 28-30): Not producing witnesses in inquiry is gross irregularity.- State of Uttar Pradesh vs Ram Prakash Singh, 2025 (2) PLJR (SC) 331, Para 71: Inquiry without examination of witnesses is not sustainable - matter to go back till presentation of departmental evidence.Judicial Conclusion (Para 37):"Enquiry Officer exercising statutory and quasi-judicial powers is expected to act independently, fairly and in conformity with procedure... cannot merely proceed on basis of allegations contained in charge or conclusions recorded in preliminary inspection report."*4. Conclusion - Message in public interest*Patna High Court quashed both punishment orders (09.05.2018 and 06.08.2018) and clarified - job of Inquiry Officer is not to repeat allegation, but to get allegation proved. This judgment is a precedent for all departments - In action against government servant, documents, witnesses, cross-examination and decision with independent mind is mandatory.*Footer:*Compilation and Analysis: Sanjay Kumar Bathla - Editor in Chief | Sanjay Kumar Bathla - Editor in Chief | Parivahan Vishesh Newspaper | RNI DELHI(2023/86499 | Edition October 2026