

# parivahan vishesh

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## If India Can Build Chandrayaan, Why Can't It Build the World's Best Education System?

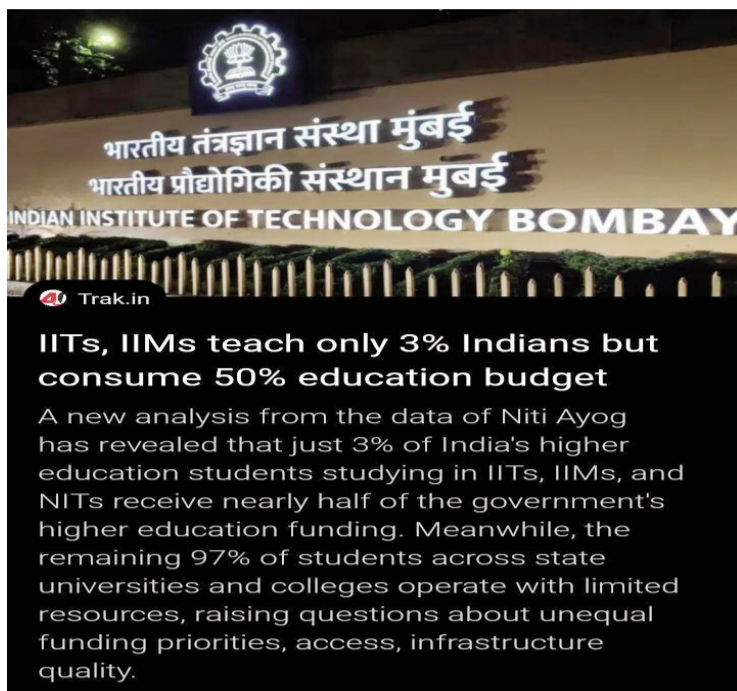
Grow the industry  
Increased research  
Foreign currency comes into the country  
And India should become a "Knowledge Leader" rather than a "Talent Exporter".  
Last question to the government  
If India can build Chandrayaan, lead the world in digital payments, build massive highways and infrastructure —  
So can't India create the best education system in the world?  
And if he can make it,  
Then why are millions of Indian families forced to give their life savings to foreign universities?  
This is a huge question, one

that no government has ever seriously considered in 80 years of independent India. Politicians and governments have always played the game.

**conclusion**  
Stopping foreign travel, buying less gold or limiting the use of foreign goods can be a small economic strategy.

**But India's biggest need is:**  
World class, affordable and research based education system.  
The day India starts giving global opportunities to its youth within the country,\*  
That day there will be little need to appeal to save dollars.

**Vidya Bhushan Bhardwaj**  
A responsible citizen and independent journalist



### IITs, IIMs teach only 3% Indians but consume 50% education budget

A new analysis from the data of Niti Ayog has revealed that just 3% of India's higher education students studying in IITs, IIMs, and NITs receive nearly half of the government's higher education funding. Meanwhile, the remaining 97% of students across state universities and colleges operate with limited resources, raising questions about unequal funding priorities, access, infrastructure quality.

## The transport sector is collapsing under the diesel crisis and financial burden: Dr. Rajkumar Yadav

*Truck drivers, who carry the country's economy, are today crushed between fuel costs, tolls, and debt. The National United Front of Truck Transport Sarathi demanded immediate government intervention, stating that the transport community is facing blatant injustice.*

parivahan vishesh news

**Rourkela/New Delhi:** Dr. Rajkumar Yadav, National President of the National United Front of Truck Transport Sarathi (UPSAs), expressed deep concern over the deteriorating situation of truck owners, truck drivers, and transport professionals across the country. He stated that the transport sector is facing unprecedented crisis. He alleged that the transport community is facing constant financial and mental harassment due to pressure from governments, oil companies, major institutions, and financial pressures.

In a statement, Dr. Yadav said that despite the continuous increase in diesel prices, millions of trucks in various parts of the country are forced to

remain stranded on the roadside due to insufficient availability of diesel. Diesel supply has been affected at many petrol pumps and tanks, while limited quantities of fuel are being supplied at many locations. He said that even if diesel is available, truck drivers and owners are only being paid for up to one thousand, two thousand, or three thousand rupees, which is completely inadequate for heavy vehicles traveling long distances.

He said that the situation has become so dire that, despite having the money, transporters are forced to wait in queues not just for hours, but for two or three days to get a hundred or two hundred liters of diesel. This is causing freight vehicles to stall, disrupting the supply



chain, and causing huge financial losses for transport businesses.

Dr. Yadav said that truck drivers and transporters bear the largest burden of the country's economy. They transport grains from farms, minerals from mines, finished goods from factories, and essential commodities to markets. But unfortunately, this very class is the most

vulnerable to neglect, insecurity, and exploitation.

He alleged that rising diesel prices, the ever-increasing burden of toll taxes, the arbitrariness of insurance companies, pressure from finance companies, heavy fines, and administrative complexities have crippled small and medium-sized transporters. Thousands of vehicle owners are drowning in debt, while drivers are forced to live in unsafe conditions.

The National President stated that the transport community is being subjected to double standards. On one hand, governments tout the transport sector as the economic backbone of the country, while on the other, this very community is left most vulnerable in times of crisis. He demanded that

the government immediately normalize diesel supplies, introduce a special relief package for transporters, and review toll and insurance policies to provide relief.

He categorically stated that the organization does not support any form of violence or disorder, but if the problems of the transport community continue to be ignored, a nationwide democratic movement and public awareness campaign will be launched.

Dr. Yadav said, "This struggle is not against any individual, but against a system that has reduced the transport community to a mere revenue generator. The voice of the wheels that drive the nation can no longer be silenced. The transport community must receive respect, security, and justice."

## NEET-UG Online: Why India Waited So Long

Dr Vijay Garg

The unprecedented cancellation of the NEET-UG exam following massive paper leak controversies has pushed India's medical entrance system to a historic breaking point. In response, the Ministry of Education announced that the exam will officially transition to a Computer-Based Test (CBT) format. While the re-test remains pen-and-paper, future iterations will completely abandon the traditional Optical Mark Recognition (OMR) sheets.

This sudden policy shift raises a critical question: "If online testing is a proven shield against physical paper leaks, why did India wait so long to move its largest competitive exam into the digital space?"

The delay is not due to a lack of bureaucratic intent; rather, it is rooted in a complex web of logistical, infrastructural, and socio-economic hurdles unique to an exam of this magnitude.

**# 1. The Nightmare of Scale and Infrastructure**

The sheer volume of candidates makes a single-day online NEET exam practically impossible under India's current digital setup.

**\*The Numbers Gap:** NEET-UG sees upwards of 2.3 million candidates competing simultaneously. By comparison, other premier computer-based engineering exams like JEE Main accommodate around 1 to 1.4 million candidates—but they spread this pool across multiple days and shifts.

**\*The Single-Day Mandate:** Historically, health authorities insisted on a single-day, single-paper format to ensure a completely uniform testing standard for all future medical students.

**\*The Lack of Nodes:** India currently lacks the dedicated, highly secure computer terminal infrastructure required to host 2.3 million students in one sitting. At best, the nation's existing premium digital testing centers can safely accommodate 100,000 to 150,000 candidates per day.

**# 2. The Conundrum of Normalisation**

To take NEET online, the National Testing Agency (NTA) must spread the exam across multiple sessions over a span of several days. However, multi-shift testing introduces a highly contentious statistical hurdle: "Score Normalisation".

Because different shifts feature entirely unique question sets, the difficulty levels inevitably vary. While formulas (like the one above) work reasonably well for engineering streams, the medical community has fiercely resisted it.

Unlike engineering, where students select from hundreds of diverse colleges and branches, medical admissions are brutal. A



fraction of a percentile can determine whether a student secures a highly coveted, affordable government MBBS seat or is pushed entirely out of the race. Over the years, the Ministry of Health and various student bodies have consistently argued that normalisation could jeopardize the absolute transparency and perceived fairness of medical rankings.

**# 3. The Rural-Urban Digital Divide**

A primary reason the government repeatedly shelved plans to take NEET online (most notably when it was heavily debated) is the socio-economic reality of India's rural aspirants.

**\*Familiarity with CBT:** While urban students grow up taking digital mock tests, a substantial percentage of NEET aspirants from smaller towns and villages have never given a high-stakes exam on a computer.

**\*The Hub-and-Spoke Problem:** Traditional pen-and-paper exams can be held securely inside local schools across almost every district in India. Online exams, however, require specialized digital centers equipped with stable high-speed internet, heavy-duty server infrastructure, power backups, and specialized technical personnel. Shifting strictly to an online format threatens to eliminate rural test centers, forcing underprivileged students to travel long distances and spend heavily on lodging in tier-1 or tier-2 cities.

**# 4. Cyber Security and Sophisticated Malpractice**  
While moving online eliminates the physical "paper leak" originating from printing presses and transport trucks, it introduces a completely new catalog of security vulnerabilities.

National online exams have previously been hit by sophisticated cheating rackets, including:  
**\*Remote-Access Hacking:** Rackets using rogue software to allow outside "solvers" to view and control a candidate's terminal screen.  
**\*Server Interceptions:** Local server manipulation at compromised private engineering colleges or test labs acting as exam centers.

Securing a digital network for over two million students requires rigorous, institutional-grade auditing of thousands of private third-party labs—a logistical

security challenge just as daunting as guarding physical papers.

**# The Path Forward: A Hybrid Compromise?**

With the government forced to act, the NTA faces a massive race against time to expand its digital center infrastructure.

To bridge the gap between traditional pen-and-paper and a fully online shift, experts and high-level reform committees (such as the Radhakrishnan Committee) are heavily advocating for a "Computer-Assisted Secure Paper-Based Test" (a hybrid model). Encrypted digital transmission to hubs on exam day. Fully digital; displayed directly on monitors.

The long wait for NEET to go online reveals an important truth about India itself: technological change in a country of such vast diversity is never just about software or computers. It is about equality, trust, governance, infrastructure, and the future dreams of millions of young people.

And for those millions preparing every year under immense pressure, the real demand is not merely for an online exam—but for a fair one.

Officials openly admitted that although CBT is safer than physical paper distribution, cyber threats remain a major concern.

India has witnessed cyber frauds even in banking, government portals, and recruitment systems. Therefore, critics questioned whether a fully digital NEET could truly remain secure.

Some experts warned that cheating syndicates may simply evolve technologically instead of disappearing.

**Why Paper Leaks Forced a Rethink**

The repeated NEET controversies finally pushed the government toward serious reform.

The NEET-UG 2024 controversy shook public trust after allegations of paper leaks and irregularities emerged. Later, further controversies and cancellations increased pressure on authorities.

A government-appointed committee led by former ISRO chief K. Radhakrishnan strongly recommended moving toward computer-based testing. The committee reportedly called CBT the "sure way forward" for large examinations.

## Temple of Liberalization and Welfare Allied Trust

<https://tolwa.com/about.html> | [tolwaindia@gmail.com](mailto:tolwaindia@gmail.com), [tolwadelhi@gmail.com](mailto:tolwadelhi@gmail.com)



## Today's Cybersecurity Thought: Digital Security Is Economic Dignity

to life and economic dignity.  
Court: Hon'ble High Court of Delhi  
Case No.: W.P.(C) 7352/2025  
Date of Decision: 04 May 2026  
Judge: Hon'ble Justice Purushendra Kumar Kaurav

- Petitioner held a savings account with HDFC Bank.  
- On 08.11.2024, he received ₹87,694 from his brother.  
- On 16.01.2025, Cyber Police Station, Vadodara, Gujarat, directed the bank to place a lien of ₹41,896.92.

- Later, on 22.03.2025 and 18.04.2025, the freeze extended to his entire account balance.

• No FIR was registered, nor was the petitioner named as an accused or summoned.  
• His application before the Metropolitan Magistrate, Tis Hazari, was dismissed for lack of jurisdiction.

**Issues**  
• Whether a bank account can be frozen without FIR, judicial order, or notice.  
• Whether such freezing violates constitutional rights under Articles 19(1)(g) and 21.

**Arguments**  
• Petitioner: Freezing without FIR or court order is arbitrary, violates right to livelihood and dignity.  
• Bank: Freeze was based solely on complaint from Gujarat Cyber Police.



• Cyber Police: No reply filed, no justification provided.

**Court's Findings**  
• Freezing without FIR, accusation, or judicial order is arbitrary and unconstitutional.

• A bank account is the essence of economic existence; freezing it without due process impedes the right to life.

• Cited Malabar Gold and Diamond Ltd. v. Union of India (2026) – indiscriminate freezing violates fundamental rights.

• Quoted Cicero: "Although free from guilt, one is not free from suspicion."

**Judgment**  
• Directed HDFC Bank to immediately defreeze petitioner's account.

• Petitioner to cooperate with any lawful investigation.

• Petition disposed of.

**Key Highlights of the Judgment**  
• Case Context: An individual's private bank account was frozen by Gujarat Cyber Crime Police in November 2024 without any FIR or court order.

• Court's Observation: Justice Purushendra Kumar Kaurav emphasized that a bank account is central to a person's livelihood and economic existence.

• Legal Principle: Freezing an account without accusation, FIR, or judicial order is arbitrary and unsustainable in law.

• Relief Granted: The court directed the bank to immediately defreeze the account.

• Cicero Quotation: The court invoked Roman jurist Cicero—"Although free from guilt, one is not free from suspicion"—to highlight the petitioner's plight.

• Future Cooperation: The petitioner was directed to cooperate with any lawful investigation.

**Why It Matters for Cyber Security**

• Bank Accounts as Digital Assets: In today's cyber age, accounts are more than money—they represent identity, access, and survival.

• Due Process in Cyber Crime Investigations: Law

enforcement must balance investigation with constitutional rights. Arbitrary freezes erode trust.

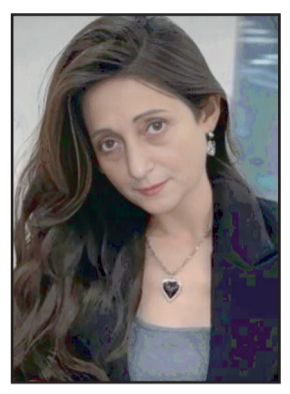
• Cyber Fraud vs. Legal Safeguards: While cyber police must act swiftly against fraud, safeguards like FIRs and judicial oversight prevent misuse.

• Public Awareness: Citizens should know their rights—no account can be frozen without a formal accusation or judicial order.

This ruling strengthens financial rights in the digital era. For cyber security campaigns, the message is clear: protecting citizens from fraud must go hand-in-hand with protecting their constitutional rights.



## How to make up for it with food? 1-day plan



Usha Malhotra

- 1 banana = 400 mg
- 1 glass of coconut water = 600 mg
- 1 cup of spinach = 800 mg
- 1 medium sweet potato = 500 mg
- 1 bowl of yogurt = 350 mg
- 1 cup of kidney beans = 600 mg Total = 3250 mg - that's it

If you experience weakness, cramps, or heart palpitations, consult a doctor for a Serum Potassium + KFT test. The doctor will determine whether food is sufficient or if medication is needed.

Potassium deficiency is medically known as hypokalemia. The main symptoms are:

- Muscle-related symptoms**
  - \* Weakness and fatigue: Feeling extremely tired for no reason, feeling lifeless.
  - \* Cramps: Severe cramps, especially in the calves, worsening at night.
  - \* Muscle pain: Pain even with light activity.
  - \* Numbness in the hands and feet: Feeling a tingling or pins and needles.
- Heart and blood**

### Signs of Potassium Deficiency

**Common Symptoms**

Tingling or Numbness	Constipation	Irregular Heartbeat
Muscle Weakness & Cramps	High Blood Pressure	Fatigue & Low Energy

**Potassium Rich Foods**

Salmon	Banana	Sweet Potato
Avocado	White Beans	Spinach

- pressure-related symptoms**
- \* Irregular heartbeat: Feeling the heart beat faster, or skipping a beat.
  - \* Low blood pressure: Dizziness, blackouts upon standing.
  - \* ECG changes: Detected during a doctor's examination.
- 3. Digestive system symptoms**
- \* Constipation: Inability to empty the bowels due to weakened intestinal muscles.
  - \* Stomach bloating, gas: Food is not digested properly.
- 4. Other symptoms**
- \* Nausea, vomiting.
  - \* Excessive thirst, frequent urination
  - \* Difficulty breathing: In severe deficiency, the diaphragm muscle weakens.
  - \* Mental symptoms: Irritability, confusion, depression
  - \* Twitching of hands and feet
- When is it serious? If potassium levels drop too low, it can be dangerous: paralysis, respiratory arrest, heart attack.
- Note:** These symptoms also occur in many other diseases. Don't start taking potassium on your own based on symptoms alone. Excess potassium is also dangerous.
- If you experience these symptoms consistently, consult a doctor and get a blood test for serum potassium. Deficiency can also be caused by kidney problems, diarrhea, excessive sweating, or certain medications, such as diuretics.
- Natural sources of potassium: Bananas, coconut water, spinach, sweet potatoes, yogurt, beans, dates.

## 17th May-World Hypertension Day

### Stressful Lifestyle, Junk Food and Rising Blood Pressure

Dr. Roop Kumar Banerji  
Homeopathic Physician, Gorakhpur

In today's fast-paced world, most people have become victims of mental stress, irregular routines, late-night habits, excessive use of mobile phones and laptops, unhealthy eating patterns, junk food, oily snacks, and physical inactivity. As a result, high blood pressure (hypertension) is rapidly emerging as a "silent killer."



Earlier, hypertension was considered a disease of old age, but now even young people are increasingly affected. High blood pressure gradually damages the heart, brain, kidneys, and eyes. If ignored for a long time, it may lead to serious conditions such as heart attack, stroke, kidney failure, and other life-threatening complications.

#### Major Causes of High Blood Pressure

- Excessive Salt Intake**  
Fast foods, chips, pizza, burgers, packaged snacks, and processed foods contain very high levels of sodium. Excess salt causes water retention in the body, which increases blood pressure.
- Stress and Anxiety**  
The constant desire to achieve more in less time, along with emotional stress, anger, fear, competition, financial pressure, and family-related tensions, increases stress hormones in the body. This raises heart rate and blood pressure.
- Junk Food and Oily Diet**  
Frequent consumption of fried and oily food increases bad cholesterol in the body. Over time, arteries become narrow, restricting proper blood flow.
- Obesity and Physical Inactivity**  
Sitting for long hours, lack of exercise, and increasing obesity put extra pressure on the heart and circulatory system.
- Smoking and Alcohol**  
Nicotine and alcohol constrict blood vessels, leading to a rapid rise in blood pressure.
- Inadequate Sleep**  
Sleeping late, excessive mobile use

at night, and irregular sleep patterns are important contributors to hypertension.

#### Diabetes and Kidney Disorders

Diabetes and kidney diseases disturb the body's blood pressure regulating mechanisms.

#### Common Symptoms of High Blood Pressure

- Headache
- Dizziness
- Anxiety and restlessness
- Sleeplessness
- Chest heaviness
- Shortness of breath
- Irritability
- Ringing in the ears

#### Important: Many people may not experience any noticeable symptoms. Therefore, regular BP monitoring is extremely important.

#### Natural Ways to Control Blood Pressure

- Limit Salt Intake**  
Reduce daily salt consumption. Avoid excessive pickles, papad, packaged snacks, and processed foods.
- Eat Fresh Homemade Food**  
Consume green vegetables, salads, fruits, sprouts, porridge, oats, and fiber-rich foods regularly.
- Exercise Regularly**  
Walk briskly for at least 30-45 minutes, five days a week. Yoga, pranayama, and light exercise are highly beneficial.
- Reduce Stress**  
Meditation, music, positive thinking, and spending time in nature help calm the mind and lower stress.
- Get Proper Sleep**  
Ensure 7-8 hours of peaceful and sound sleep daily. Keep mobile phones away during bedtime.
- Avoid Smoking and Alcohol**

Both are major risk factors for hypertension and heart disease.

#### Helpful Foods for Blood Pressure Control

Foods such as garlic, tomatoes, bananas, coconut water, beetroot, bottle gourd juice, oats, fenugreek, and flaxseeds may help in controlling blood pressure. However, they should be consumed under medical guidance.

#### Foods and Habits to Avoid

- Excess tea and coffee
- Cold drinks and sugary beverages
- Fast food and junk food
- Canned and processed foods
- Excess sugar and refined flour (maida)

#### Homeopathic Perspective

Homeopathy does not focus only on reducing blood pressure numbers; it aims to balance the individual's overall physical and mental health. It considers factors such as stress, anxiety, insomnia, irritability, obesity, and digestive disturbances before selecting medicines according to the patient's constitution. Instead of self-medication, one should always consult an experienced homeopathic physician.

**Healthy Daily Lifestyle Habits**

- Wake up early in the morning
- Walk regularly and stay physically active
- Eat meals on time
- Control anger and stress
- Drink adequate water
- Monitor blood pressure regularly
- Develop the habit of smiling and staying positive

"Good health is protected not only by medicines, but also through a balanced lifestyle, a calm mind, disciplined eating habits, and a regular daily routine."

If we improve our habits today, we can protect ourselves from many serious diseases in the future.

## Visceral fat wraps around the organs, and is the most dangerous

- Here are some ways to combat visceral fat:
- Diet:** Focus on whole foods, fruits, vegetables, whole grains, lean proteins, and healthy fats. Reduce sugary drinks and processed foods.
  - Exercise:** Combine it with cardio (brisk walking, running, cycling), strength training, and high-intensity interval training (HIIT).
  - Stress Management:** Yoga, meditation, or deep breathing exercises can help lower cortisol levels.
  - Sleep:** Aim for 7-8 hours of sleep each night to control hunger hormones.
  - Probiotics:** Support gut health with probiotic-rich foods or supplements.
  - Cut Down on Alcohol:** Excessive alcohol consumption can lead to visceral fat accumulation.
  - Stay hydrated:** Drink plenty of water throughout the day.



hours of sleep each night to control hunger hormones.

## Magnesium-Rich Bedtime Smoothie for Better Sleep

Struggling with restless nights? This simple bedtime smoothie may help you relax naturally and sleep deeper.

**Why Magnesium Matters**  
Calms the nervous system  
Relaxes muscles & reduces cramps  
Supports melatonin (sleep hormone)  
Helps reduce stress & anxiety

**How This Smoothie Helps**  
Made with magnesium-rich natural ingredients  
Improves sleep quality, not just sleep time  
Helps with night awakenings & restlessness  
Gentle, non-medicinal support for sleep



- Best Time to Take**  
30-60 minutes before bedtime  
Light, easy to digest, and soothing
- Who Can Benefit**  
People with poor sleep, stress, leg cramps  
Seniors & those with magnesium deficiency
- Anyone looking for a natural sleep aid
- Bottom Line:** A magnesium-rich smoothie is a simple, natural, and science-backed way to support deeper, more restful sleep.

## Here's a calming Magnesium-Rich Bedtime Smoothie that may help support better sleep, muscle relaxation, calmer nerves, and nighttime recovery naturally.

- Magnesium Sleep Smoothie\***
- Ingredients**
- 1 small banana
  - 1 cup warm or room-temperature almond milk
  - 1 tbsp pumpkin seeds
  - 1 tsp unsweetened cocoa powder
  - 2 soaked almonds
  - 1 small date (optional for sweetness)
  - A pinch of cinnamon
  - Tiny pinch of nutmeg (very little)
- Optional:**
- 1 tsp oats
  - 1/2 tsp honey
  - 1 tsp chia seeds
- Why This Helps**
- Banana → contains magnesium + potassium
  - Pumpkin seeds → one of the richest natural magnesium foods
  - Almonds → calming healthy fats + magnesium
  - Cocoa → magnesium + mood relaxation
  - Cinnamon & nutmeg → warming, soothing effect



- How to Make**  
Blend everything until smooth.  
Drink 30-60 minutes before sleep.  
You can take it: slightly warm in winters  
chilled/lightly cool in summers
- Important Sleep Tips**  
For better results:  
Avoid heavy meals after 9 PM  
Reduce mobile screen brightness at night  
Keep room slightly cool  
Avoid strong tea/coffee after evening  
Stronger Version (for deep relaxation)  
If suitable for you, you may also add:  
1 tsp poppy seeds (khus khus)  
or 2 strands saffron soaked in milk
- Avoid If**  
You have kidney disease
- Severe acidity from cocoa
  - Nut allergy
  - Uncontrolled diabetes (then avoid dates/honey)
- Ayurvedic Touch**  
A very traditional Indian sleep-support combo:  
Warm milk + nutmeg + a little ghee + turmeric pinch  
This is often considered grounding and calming before sleep.



# “The tear that fell from Rudra’s eye onto the earth is known as the Rudraksha.”

Pinki Kundu

The \*Shiva Purana\* states: The tear that fell from Lord Shiva’s eye onto the earth transformed into the Rudraksha. Therefore, it is not merely a seed; it is a ‘live wire’—a conduit of Mahadev’s divine energy.

If worn incorrectly, it can cause a ‘short circuit.’ If worn according to the proper method, it can transform one’s life.

**\*\*The Method of Wearing a Rudraksha:\*\***

The Complete Science of Wearing Shiva’s Tear

**\*\*Section 1: Before Wearing the Rudraksha — A 4-Step Preparation\*\***

**\*\*1. Which Rudraksha is Right for You? (Based on the Number of \*Mukhis\* or Faces)\*\***

**\*\*The Safest Combination:\*\*** 5-Mukhi + 7-Mukhi + Gauri Shankar. This combination can be worn by anyone.

**\*\*Checking for Authenticity (Real vs. Fake):\*\***

If it sinks in water = Genuine.  
If placed between two copper coins and it rotates slightly = Genuine.

If the internal seed structure is visible under an X-ray = Genuine.

**\*\*2. Auspicious Days and Muhurats\* (Timings)\*\***

**\*\*Best Days:\*\*** Monday, Shivaratri, the month of Shravan, Pradosh, Ravi Pushya Yoga, and Guru Pushya Yoga.

**\*\*Best Timings:\*\***

\*Brahma Muhurat\* (4:00 AM – 6:00 AM), or Shiva’s designated time, \*Pradosh\* (6:00 PM – 8:00 PM).

**\*\*Prohibited Times:\*\***

During an eclipse, on the night of \*Amavasya\* (New Moon), during periods of \*Sutak\* (ritual impurity following a birth or death), or during menstruation.

**\*\*3. \*Samskara\* (Consecration) of the Rudraksha: Purification + \*Prana Pratishtha\* (Infusion of Life Force)\*\***

Without proper \*Samskara\*, the Rudraksha remains ‘dormant’ (asleep). The process consists of 5 steps:

**\*\*Step 1: Purification (\*Shuddhi\*)\*\***

Raw Milk + Holy Ganges Water (\*Gangajal\*) + Honey + Ghee (Clarified Butter) + Yogurt = \*Panchamrit\* (The Five Nectars). Immerse the Rudraksha in this mixture for 30 minutes. Afterward, rinse it thoroughly with clean Ganges water.

**\*\*The Science Behind It:\*\***

The \*Panchamrit\* helps balance the pH levels and eliminates bacteria. It also serves to open up the pores within the Rudraksha.

**\*\*Step 2: \*Abhishek\* (Ritual Bathing/Offering)\*\***

Place the Rudraksha upon a \*Shivalinga\*. Offer water over it 108 times while chanting the mantra: *Om Namah Shivaya*.

**\*\*The Sentiment:\*\***

Symbolically, this represents placing the Mother’s tear (\*Shakti\*) at the feet of the Father (\*Shiva\*). The process of ‘charging’ the Rudraksha begins here. Step 3: Mantra Jagran



The mantra of the person whose face it is 108 times:

1 Mukhi: Om Hreem Namah

2 Mukhi: Om Namah 3 Mukhi: Om Kleem Namah

4 Mukhi: Om Hreem Namah

5 Mukhi: Om Hreem Namah

6 Mukhi: Om Hreem Hum Namah

7 Mukhi: Om Hum Namah 8 Mukhi: Om Hum Namah 9 Mukhi: Om Hreem Hum Namah

10 Mukhi: Om Hreem Namah

Universal Mantra: “Om Namah Shivay” or “Om Hreem Namah” – for all.

Step 4: Incense lamp Show the incense of Guggulu + sandalwood. Ghee lamp. Say “Om Trimbakam Yajamahe”.

Science: Negative ion charge from eugenol.

Step 5: Consecration Keep it in your hand and close your eyes: “O Rudraksh, you are Shiva in person. Sit in my neck. Protect me, engage me in religion. As long as I wear it, remain alive.”

Blow 3 times. Now it is ‘awakened’.

4. How to thread a thread/rosary

Thread: Red thread, silk, silver, gold, Panchdhatu.

Never black thread - of Saturn.

Knot: Knot after every Rudraksha. So that they do not collide with each other.

Energy is lost due to collision.

Meru: 1 big grain ‘Meru’ in the rosary. Do not cross it.

108 + 1 = 109 grains.

Numbers around the neck: 1, 3, 5, 7, 9, 27, 54, 108. Even numbers prohibited.

Section 2: The Method of Wearing – Step-by-Step Guide

**\*\*Bathing:\*\*** Before sunrise, after washing the head. Use no soap; instead, add rock salt (Sendha Namak) to the bathwater.

**\*\*Clean Attire:\*\*** Wear white or red clothing. Unstitched garments are preferred.

**\*\*Seating Posture (Asana):\*\*** Sit on a woolen mat, facing either East or North.

**\*\*The Pledge (Sankalpa):\*\*** Hold water in your hand and recite: *Mam sarvapapakshayapurvaka ayurarogyaisvarya abhivridhyartham Rudrakshadharanam karishye*. (I undertake the wearing of the Rudraksha for the eradication of all my sins and for the enhancement of my longevity, health, and prosperity.)

**\*\*Mantra Recitation:\*\*** Chant *Om Namah Shivaya* or the specific \*Bija Mantra\* (Seed Mantra) 108 times. With each recitation, touch

the Rudraksha to your heart.

**\*\*Wearing the Rudraksha:\*\*** While chanting *Om Hreem Namah Shivaya*, place the Rudraksha around your neck. Alternatively, wear it on your wrist—on the right hand for men, and on the left hand for women.

**\*\*Bowing the Head:\*\*** Offer a silent, mental salutation to Lord Shiva.

Recite: *Tvam maturoopena raksha mam*. (You, in the form of the Divine Mother, protect me.)

**\*\*First Offering (Bhog):\*\*** Offer a sweet item—such as rock sugar (Mishri), honey, or \*Laddoos\*. Touch the Rudraksha to this offering first, and then consume it yourself.

**\*\*The First 40 Days:\*\*** Every morning, touch the Rudraksha while chanting *Om Namah Shivaya* 11 times. This helps establish a bond of friendship and familiarity with the bead.

**\*\*Section 3: 21 Rules for Wearing – Do’s and Don’ts\*\***

**\*\*The Do’s (11 Rules):\*\***

**\*\*Wear After Bathing:\*\*** Remove the Rudraksha before going to sleep at night, and put it back on after bathing in the morning. It is believed to absorb negative energies while you sleep.

**\*\*Offering to Lord Shiva:\*\*** Once a month—preferably on a Monday—place the Rudraksha upon a \*Shivling\* (sacred emblem of Shiva) and offer water over it. This serves to recharge the bead.

**\*\*Solitary Chanting:\*\*** Every day, hold the Rudraksha in your hand and chant *Om Namah Shivaya* 11 times in a quiet, solitary space. This strengthens your spiritual connection.

**\*\*Reverence for Tulsi:\*\*** The combination of the Rudraksha and the \*Tulsi\* (Holy Basil) plant represents the union of Lord Vishnu and Lord Shiva, thereby creating a spiritual balance.

**\*\*Charity (Daan):\*\*** After you have begun wearing the Rudraksha, offer food to a needy or impoverished person. This practice helps to dissolve ego.

**\*\*Shivaratri Vigil:\*\*** Once a year, participate in the \*Jagran\* (all-night vigil) on the occasion of \*Shivaratri\*. This ensures the Rudraksha receives a full charge of spiritual energy.

**\*\*Bel Patra (Wood Apple Leaves):\*\*** On Mondays, offer \*Bel Patra\* leaves to Lord Shiva; immediately thereafter, touch the Rudraksha with the very same hand.

**\*\*Storage:\*\*** Keep the Rudraksha in a separate, dedicated box or container. Ensure it does not come into

contact with other people’s clothing.

**\*\*During Illness:\*\*** Wear the Rudraksha while reciting the \*Mahamrityunjaya Mantra\*. This is believed to amplify the healing process tenfold. During Travel: Definitely wear it. It offers protection in all 10 directions.

At the Time of Death: Remove it. Do not give it to anyone else. Immerse it in flowing water.

**\*\*What Not to Do: 10 Prohibitions\*\***

**\*\*Meat, Alcohol, Garlic, Onion:\*\*** The Rudraksha goes into a ‘dormant’ state when exposed to \*Tamasic\* (impure) food. Its effects cease for 48 hours. If you consume such items while wearing it, it may cause vomiting or headaches.

**\*\*Crematoriums:\*\*** Do not enter crematoriums, houses observing \*Sutak\* (ritual impurity following a death), or maternity wards while wearing it.

Alternatively, remove it before entering; otherwise, it will absorb negative energy.

**\*\*Restrooms/Toilets:\*\*** Remove it. Exposure to impurity causes the energy to leak away.

**\*\*Sexual Intimacy:\*\*** Remove it. Semen represents \*Ojas\* (vital energy); the energy of \*Ojas\* and the energy of Lord Shiva may clash.

**\*\*Lying, Abusive Language, Violence:\*\*** The Rudraksha acts as a truth meter. If you tell a lie, you may feel a constriction in your throat.

**\*\*Giving to Others:\*\*** Never give your personal Rudraksha to anyone else, nor wear someone else’s. There is a DNA-level connection involved.

**\*\*Broken/Damaged:\*\*** Immediately immerse a broken or damaged Rudraksha in a river. Wearing a damaged one invites misfortune.

**\*\*With Gold or Silver:\*\*** If wearing the Rudraksha on a gold chain, ensure the bead remains in direct contact with your skin; the metal should not come between the bead and the body.

**\*\*Soap/Chemicals:\*\*** Remove it while bathing. Soap can clog the pores of the Rudraksha.

**\*\*Ego:\*\*** The moment you think or say, *I am wearing a Rudraksha*, its power diminishes by 50%. Keep your practice private.

**\*\*Section 4: Special Circumstances\*\***

1. **\*\*Can Children Wear It?\***

Yes, after the age of 8. A 6-faced (\*Mukhi\*) or 4-faced Rudraksha is recommended. It should be worn on a thread and be of a smaller size. Remove it at night before sleeping. It helps improve focus in studies.

2. **\*\*Can Women Wear It?\***

Yes, absolutely. There is no distinction between Shiva and Shakti. However, they should remove it during the 5 days of menstruation. Afterward, they may wear it again after sprinkling it with \*Gangajal\* (holy water from the Ganges).



**Today’s Horoscope**  
**Miss Sapam Chanu Prema**  
Astro-numerologist, Imphal, Manipur.  
Contact no. 9366411415, E-mail: chanuprema39@gmail.com

## TODAY’S Horoscope (17/05/2026)-Sapam Chanu Prema(Astro-numerologist)



**ARIES**  
You may be feeling rather restless and misunderstandings with love ones are likely to occur. You may also face some financial problems. Your family members might also face health issues at the moment.

Make time to get in touch with a brother, sister or relative you do not often talk to. You will find plenty to discuss, including some surprises. You may get auspicious result this day. You wealth may be increase at the moment.



Travel arrangements are likely to be delayed. Your plans may have to be revised as available time begins to dwindle. Your mental capacity may be affected at the moment. There might be some obstacles at work.



You are likely to feel quite tired, with any thought of exertion not at all pleasing. You will reap many benefits and have a happy state of mind. Pending works may start to work out very smoothly.



A more assertive attitude can work wonders when it comes to sorting out problems with love ones. The day is auspicious for you to achieve fame and success in matters of business. You may become hard work and feel energetic.



A new health regime can do wonders for your sense of well-being. Avoid arguing with love ones as much as possible. The day may be less fortunate and may face serious obstacles at work.



Make a resolution to bring during the coming months on the progress you have achieved in creating endeavours. You may face health related problems and there might be some mental stress.



A cautious approach to the day would be wise. A family day out would be more successful. You may be fortunate and your happiness might be increase. You will achieve success in your work.



You may not be in a position to make definite plans or commitments at the moment. You will achieve success through your efforts and hard work. Your expenditures may be limited and savings may increase.



Allow self-doubt to creep in and the day can be ruined. Consolidating plans for the future should help you feel a lot more secure. You may face some health problems. Work hard and keep laziness aside.



There may be funds that have been slipped your attention which would be extremely useful. Your mental capacity might be affected this day. And you may face some obstacles at your workplace.



Romance may be just around the corner. The day may be auspicious for getting work on in serious manner. You may get support from your friends, family or relatives. You may feel energetic and courageous at the moment, so work hard.



3. **\*\*While Bathing?\***  
Remove it. You may wash it with plain water, but do not use soap.

4. **\*\*During Surgery or Illness?\***

If your doctor advises against it, remove it. Once you have recovered, perform the proper consecration rituals (\*Samskara\*) again before wearing it. 5. Lost or Broken: Do not panic. Chant *Om Namah Shivaya* 108 times. Say to Lord Shiva, *Please forgive this mistake*. Acquire a new one, and then perform the consecration ritual.

Volume 5: Scientific Miracle of Rudraksha Electromagnetic:

Rudraksha contains 26% Carbon, 30% Hydrogen, 0.95% Nitrogen. Is a dielectric. Wearing it near the heart improves HRV - BHU Research. Anti-Bacterial: ‘Induction’ into the pores. Absorbs sweat, kills bacteria. Blood Pressure: Vagus nerve active from 5 month. BP 10 mmHg down - AIIMS 2019. Neuro: 4 Mukhi increases alpha waves. Memory 18% faster - NIMHANS. Cosmic Energy: Rudraksha ‘Capacitor’. Stores cosmic energy and gives it to the body. Epilogue: Rudraksha is a responsibility Wearing Rudraksh means becoming a member of Shiva. Gana means

‘disciplined’. not a lie, no meat, not anger, Not lust. If you can’t do this then don’t wear it. Shiva gets angry if worn in empty fashion. But if you wear it with true heart and follow the rules, then Rudraksh will become your bodyguard, doctor, guru, everything. Last Mantra: Rudraksh kanthadesh tu dharayet yastu manavah. Tasya Nashyanti Papani Janmakotishanti Ch. The one who wears Rudraksha around his neck, his sins of millions of births are destroyed. Dharana Mantra: Om Namah Shivay. Om Hreem Namah. Om Trimbakam Yajamahe Sugandhi Pushtivardhanam.

# Administration alert to prevent child labour and bonded labour: DC

Officials should make workers aware about their rights, government schemes and assistance arrangements. DC Swapnil Ravindra Patil gave necessary instructions to the officers in the meeting of the District Vigilance Committee.

**Jhajjar, May 16.** A meeting of the District Vigilance Committee under the Bonded Labour Act, 1976 (ALC) was held in the auditorium of the Mini Secretariat under the chairmanship of DC Swapnil Ravindra Patil. The meeting discussed in detail the prevention of bonded labour in the district, protection of workers' rights, effective implementation of rehabilitation schemes and better coordination between the concerned departments. During this, ALC of the Labour Department, Rajendra Hooda, gave information about the

work being done towards stopping child labour and bonded labour.

DC Swapnil Ravindra Patil, while instructing officials, said that the evil practice of bonded labor is a matter of serious concern for society and the administration is working diligently to eradicate it. He said that if a case of child labor is reported at any level in the district, immediate action should be taken. The concerned department should conduct periodic inspections and inspect brick kilns, industrial units, construction sites, and other labor sites to prevent any irregularities.

He said that it is also essential to make workers aware of their legal rights, government schemes, and support systems. To this end, the Labor Department, Police Department, Social Justice and Empowerment Department, and other related departments



complaints. If anyone receives information regarding bonded labor, prompt action should be taken on the complaint and necessary assistance should be provided to the affected individual. He also urged that rehabilitation and social security benefits be provided to affected workers in a timely manner.

Rajendra Hooda, ALC of the Labor

Department, provided information about the inspections, awareness activities, and labor welfare schemes being conducted in the district under the Act. He stated that regular monitoring is being conducted at various locations and the department is continuously working to protect the interests of workers.

The Deputy Commissioner stated that the administration's

should jointly launch awareness campaigns. By spreading awareness among workers in rural and urban areas, it should be ensured that no one becomes a victim of bonded labor due to economic or social pressure.

In the meeting, Deputy Commissioner Swapnil Ravindra Patil instructed officials to ensure no negligence is shown in resolving labor-related

goal is to provide a safe, respectful, and fear-free working environment for workers in the district. To achieve this, all departments should work in coordination and with responsibility. He also sought suggestions from the committee members and stated that only with the participation of every segment of society can the social evil of bonded labor be eradicated.

Officers from these departments were present

On this occasion, DMC Abhinav Siwach, Zila Parishad CEO Manish Phogat, SDM Beri Renuka Nandal, SDM Badli Vishal Kumar, ACP Shamsher Singh and Surendra Singh, DDPO Nisha Tanwar, Civil Surgeon Dr Manju Kadyan, DCPO Vikas Verma, Deputy DEO Roopendra Nandal, CWC member Pankaj Sharma, Manoj Sharma from voluntary organization, members of the District Vigilance Committee and officers of the concerned departments were present.



## Trained staff play an important role in disaster management: DC

Jhajjar team became champion in the competitions of flood relief training camp organized in Kurukshetra DC Swapnil Ravindra Patil honored the team members.

**Jhajjar, May 16.** Employees from Jhajjar district brought glory to the district with their impressive performances at the flood relief training camp held recently at Brahmasarovar in Kurukshetra. They brought glory to the district by performing well in various competitions and training activities. Upon arrival in Jhajjar Deputy Commissioner Swapnil Ravindra Patil congratulated all team members on this achievement. He stated that trained personnel play a crucial role in disaster management and relief operations. He added that the district's employees demonstrated discipline, dedication, and team spirit and performed exceptionally well. Employees from various departments in Jhajjar district were deputed to participate in the camp. These included Hardeep from the Animal Husbandry and Dairying Department, Amit Kumar from the Irrigation Department, Sumit Rathi from the Public Health and Engineering Department, and Deepak Kumar from the Public Works Department (Buildings and Roads). DC Swapnil Ravindra Patil congratulated all team members and encouraged them to contribute to disaster management efforts. He said that such training camps prepare employees for quick and effective relief work in the event of a disaster. He expressed hope that the district's teams will continue to bring glory to the district with similar excellent performances in the future. DRO Manveer Sangwan and other officials were present on the occasion.

## 2,38,728 metric tonnes of wheat arrived at the mandis and procurement centres in Jhajjar district: DC

97.5% of wheat produce has been lifted from procurement centres and mandis

**Jhajjar, May 16.** DC Swapnil Ravindra Patil said that wheat procurement agencies have completed the purchase of the crop in the grain markets in the Rabi season in the district till May 15, the deadline set by the government. The DC said that till now, 2 lakh 38 thousand 728 metric tonnes of wheat has been recorded in the grain markets and purchase centres of the district, while 2 lakh 27 thousand 6 MT of wheat has been purchased, out of which 2 lakh 21 thousand 276 metric tonnes of wheat has been lifted with 97.5 percent of the produce being lifted. He has given clear instructions to the procurement agencies to make timely payments to the farmers so that they do not face financial problems. He directed officials and agencies to ensure that there is no disruption in the procurement and lifting of all produce arriving at the markets and that all operations are completed smoothly. The district administration is continuously monitoring the procurement process to ensure its smooth flow.

# Departments should prepare a better plan to make cities cattle free: DC

A meeting was held under the chairmanship of DC to resolve the problem of stray animals.

**Jhajjar, May 16.** An important meeting of officials was held under the chairmanship of Deputy Commissioner Swapnil Ravindra Patil to address the problem of stray cattle. Officials from various departments, including the Municipal Council, Animal Husbandry Department, and Rural Development Department, as well as social workers and representatives from several cow shelters, were present at the meeting.

In the meeting, the Deputy Commissioner gave clear instructions that all concerned departments should work in coordination to make urban areas cattle-free. He said that the Haryana Cow Service Commission is also providing grants, which should be taken advantage of



by shifting cattle to cow shelters.

The Deputy Commissioner appealed to social workers associated with cow shelters to cooperate with the administration in this work with a spirit of service. It is essential to integrate both public participation and government schemes for the protection, care, and management of stray animals. The Deputy Commissioner directed officials from the Municipal Councils of Jhajjar and Bahadurgarh to develop a

concrete plan for the management of stray animals in the cities and to establish contact with cow shelters to relocate the cattle there.

He asked the officials of the Rural Development Department to discuss with the Gram Panchayats the possibilities of building cow shelters on the grazing land located in the villages so that a permanent solution can be ensured.

Dr. Manish Dabas, Deputy Director of the Animal Husbandry Department,

informed the meeting that the Haryana government provides grants for destitute buffaloes and cows through the Haryana Gau Seva Commission, which provides financial assistance to cow shelters. He said that all eligible organizations can take advantage of this scheme.

DC Swapnil Ravindra Patil directed the concerned departments to prepare the outline of this plan and ensure the arrangement of necessary resources.

A better and practical strategy should be prepared to

safely capture stray animals and send them to cow shelters, which will also ensure the care of such animals.

Officers from these departments were present.

On this occasion, DMC Abhinav Siwach, CEO Zila Parishad Manish Phogat, DDPO Nisha Tanwar, Deputy Director (Animal Husbandry Department) Manish Dabas, Secretary (Municipal Council Jhajjar) Pooja Sahu along with representatives of various cow shelters and concerned officials were present.

# HPV vaccine essential to protect adolescent girls from cervical cancer: DC

Officials should make parents aware about the vaccine during PTM in schools.

Instructions to the Education and Health Department to make the campaign successful through coordination DC Swapnil Ravindra Patil reviews HPV vaccine programme with health department officials

**Jhajjar, May 16.** District Magistrate Swapnil Ravindra Patil has appealed to parents in the district to ensure their teenage girls receive the Human Papilloma Virus (HPV) vaccine to protect them from cervical cancer. He explained that the vaccine is being provided free of charge by the government and is intended to protect daughters from this serious disease.

The DC said that to make this campaign successful, the officials of the Education and Health Department should work in coordination with each other and run a comprehensive



awareness campaign at the school level.

The DC was reviewing the vaccination programme with the health department officials.

He directed that adolescent girls and their parents should be given correct information about the importance of vaccination.

Deputy Commissioner Swapnil Ravindra Patil stated that this vaccination campaign is primarily being run for adolescent girls aged 14 to 15. The vaccine provides protection against HPV types 16 and 18, which are considered the main causes of cervical cancer, as well as types 6 and 11.

He explained that cervical

cancer develops in the lower part of the uterus (cervix), and is primarily caused by HPV infection. Smoking, early marriage and pregnancy, frequent childbirth, and a weakened immune system increase the risk.

He directed the Education Department to compile data on adolescent girls in schools and share it with the Health Department. Health department teams should be invited during PTMs to raise awareness among parents and students so that more adolescent girls can benefit from this campaign. He directed Labor Department officials to use workers to encourage their

daughters to get vaccinated.

The DC stated that the state government is continuously striving to improve women's health and reduce the incidence of cervical cancer. Concrete steps are being taken to strengthen awareness, timely screening, and improved treatment facilities.

On this occasion, DMC Abhinav Siwach, CEO Zila Parishad Manish Phogat, SDM Beri Renuka Nandal, DDPO Nisha Tanwar, Civil Surgeon Dr. Manju Kadyan, District Vaccination Nodal Officer Dr. Basant Dubey, Deputy DEO, DPO Sapna Holkar and officers of the concerned departments were present.

# Drone Manufacturing Unit to Form the Foundation of Haryana's New Technological Revolution: Social Justice and Empowerment Minister Krishan Bedi

Haryana, Hansi: Rajesh Saluja

The State's Minister for Social Justice and Empowerment, Krishan Bedi, stated that the drone manufacturing unit, launched from the historic soil of Hansi, will play a pivotal role in the times to come in establishing a new identity for Haryana in the technological sphere. He remarked that India is no longer merely a consumer of foreign technologies; rather, by developing new technologies, it is emerging as a nation capable of providing global leadership. The youth of Haryana possess the potential to demonstrate their talent on a global stage in the fields of science and technology.

Mr. Krishan Bedi was addressing a gathering at the launch ceremony of the Drone Manufacturing and Training Project held in Sisay, Hansi district. Present on this occasion were numerous dignitaries, including former Finance Minister Captain Abhimanyu, MLA Vinod Bhayana, District Council Chairman Sonu Data, IAS officer Vandana Diodia, Joint Director Jaiprakash, AVPL Founder Lieutenant General R.K. Anand, SDM Vikas Yadav, DSP Ravindra Sangwan, Deep Sihag, MD Dr. Preeti Sandhu, and the village Sarpanch, Rajesh.

Mr. Krishan Bedi observed that Deep Sihag and his team have undertaken an inspiring initiative for the state's youth by establishing a modern drone manufacturing unit right here on their village soil. He noted that nations such as Japan, the USA, Germany, and China also achieved global recognition by starting with small-scale technological units. Similarly, Haryana is now rapidly advancing in the realms of technological innovation and modern industries. He highlighted that the most significant aspect of this project is the initiative to provide training in drone technology to youth belonging to Scheduled Castes, Backward Classes, and Economically Weaker Sections, thereby connecting them with opportunities for employment and self-employment. He emphasized that, in keeping with the changing times, it is imperative to integrate the youth with new technologies so that they may become self-reliant and make a substantial contribution to the national economy. Mr. Bedi stated that in today's times, the youth should look beyond traditional forms of employment and also venture into fields such as drone operations, mobile repair, and technology-based businesses.

# 6 Bihar Battalion NCC cadets hoist flag on 6400-meter-high Gorichen Glacier

Gayaji cadet's outstanding performance at Advanced Mountaineering Camp – Colonel Pankaj

Gayaji. 6 Bihar Battalion NCC cadet Abhishek Kumar has brought honor to Gaya district and his alma mater by successfully conquering the 6400-meter-high Gorichen Glacier in Arunachal Pradesh. He is

currently participating in the Advanced Mountaineering Camp held in Arunachal Pradesh.

This opportunity was provided to Abhishek Kumar by 6 Bihar Battalion NCC. He had previously successfully completed the Basic Mountaineering Course from NIMAS (National Institute of Mountaineering and Adventure Sports), Arunachal Pradesh. Given his outstanding

performance, discipline, and courage, he was selected for the Advanced Mountaineering Camp. He also recently passed the NCC 'B' Certificate examination.

On this achievement, Colonel Pankaj Kumar (Kirti Chakra), Commanding Officer of 6 Bihar Battalion NCC, said that this success is an inspiration for other

cadets. He said that NCC is working to develop leadership skills, discipline, courage and the spirit of national service among the youth.

On this occasion, Subedar Major Vikram Singh, Principal of Gaya College Satish Singh Chandra and ANO Lieutenant Sanjay Tiwari of 3/6 Company 6 Bihar Battalion NCC also congratulated Abhishek Kumar and wished him a bright future.



## Education Ministry Reviews Strategy to Bring Out-of-School Children Back into Mainstream Education

Sangini Ghosh

The Ministry of Education reviewed strategies aimed at bringing out-of-school children back into the mainstream education system by strengthening coordination between National Institute of Open Schooling (NIOS), state governments and district administrations.

The review focused on improving educational access, reducing dropout rates and ensuring inclusive learning opportunities for children across the country.

**Focus on Better Coordination**  
Officials discussed ways to improve synergy between educational institutions,

local administrations and community-level mechanisms to identify and support children who are currently outside the formal school system.

### Role of NIOS in Inclusive Education

National Institute of Open Schooling was highlighted as a key platform in offering flexible and alternative learning pathways for students who are unable to continue regular schooling.

### Reducing Dropout Rates a Major Priority

The discussions emphasized early intervention, tracking mechanisms and local outreach programmes to prevent children from permanently dropping out



of education.

### District Administrations to Play Active Role

District-level authorities were encouraged to strengthen awareness campaigns and coordinate closely with schools and families.

### Push Towards Universal Education

The initiative reflects the government's broader goal of ensuring equitable access

to education and improving learning outcomes nationwide.

In a way, the review highlights that bringing children back to classrooms is not only an educational challenge, but also a social responsibility requiring coordinated efforts at every level.

### Key Points

\* Ministry of Education reviewed strategy for out-of-school children

\* Coordination between NIOS, states and districts discussed

\* Focus on reducing school dropout rates

\* Flexible learning through National Institute of Open Schooling emphasized

\* District administrations asked to strengthen outreach

\* Aim to improve inclusive and universal education.

## CRPF Initiative in Scorching Heat: Cold Water Service for Passers-by



Gayaji. In view of the intense heat and constantly rising temperatures, the 47th Battalion CRPF Headquarters has made arrangements for cold drinking water for passers-by. Under the direction of Commandant Awadhesh Kumar, a water dispenser has been installed near the headquarters premises, providing significant relief to commuters. People are constantly thronging to avail of the cold water service throughout the day. Especially at the water dispenser near the Commandant's residence, large crowds of passers-by, laborers, and locals gather to drink water. People are seen taking water bottles with them, along with drinking cold water.

Passers-by expressed their gratitude for providing water to thirsty people in the scorching heat. People praised this humanitarian initiative by the CRPF, saying it is providing significant relief to passers-by and sending a positive message to society.

## Women performed Vat Savitri Puja for eternal happiness and long life for their husbands.

Gayaji. Married women in Gaya city were particularly enthusiastic about Vat Savitri Puja. Women adorned themselves with sixteen adornments and began worshipping the Banyan trees located at various locations from early morning. They circumambulated the Banyan tree as per the rituals, tied a thread around it, and prayed for their husbands' long life and happiness and prosperity.

Devotee Rekha Devi and shobha devi explained that the Vat Savitri fast is considered a symbol of eternal happiness in Hinduism. It is believed that Goddess Savitri, through her penance, love, and determination, brought back the life of her husband Satyavan from the clutches of Yama. Following this tradition, women observe this fast and worship the Banyan tree.

Devotional songs and storytelling were also organized by women at the worship sites. Crowds of devotees thronged the various temples and Banyan tree sites in the city since morning.

## Shooter of Jitender Gogi Gang Arrested Special Cell Recovers Semi-Automatic Pistol and Five Live Cartridges

Swatantar Singh Bhullar | New Delhi

**New Delhi:** In a major breakthrough, the Special Cell of Delhi Police has arrested a shooter associated with the notorious Jitender Gogi gang. A semi-automatic pistol along with five live cartridges has been recovered from his possession. The accused had been absconding for a long time in several serious criminal cases, including attempt to murder, rioting, assault and robbery.

The operation was carried out by a Special Cell team of New Delhi Range under the leadership of Inspectors Vinay Pal and Manoj Kumar, and under the supervision of ACP Vivek Tyagi. The accused was apprehended during a raid

conducted in the Alipur area on May 15, 2026. Following the arrest, police registered a case under the Arms Act and initiated further investigation.

According to police officials, the arrested accused has been identified as Sonu alias Sachin Chaudhary, son of Satish, resident of Jatal Road, Saudhapur Chowk, Panipat, Haryana. He is around 24 years old.

Officials stated that the accused was wanted in FIR No. 318/2025 registered at Karawal Nagar Police Station. He, along with three associates, allegedly attempted to murder a practicing lawyer in Jagdamba Colony, Johri Pur, Delhi, on October 16, 2025. The court had declared him a "Proclaimed Offender" on April 10, 2026. Police recovered a semi-

automatic pistol and five live cartridges from the accused. Investigators suspect that the same weapon was used in the Karawal Nagar firing case. The weapon has been sent for forensic examination.

Police records reveal that the accused is involved in several criminal cases, including attempt to murder in Karawal Nagar, rioting and assault cases in Israna, Panipat, robbery cases in Model Town, Panipat, and offences under the Arms Act.

During investigation, it was revealed that in 2021 the accused came in contact with Sandeep Dahiya, an associate of the Gogi gang based in the United States, through encrypted social media applications. Later, Sandeep introduced him to Akash Panchal, a co-accused in the Karawal Nagar firing case who



has already been arrested by the Special Cell.

Police said that in October 2025, acting on the instructions of Sandeep Dahiya, the accused

and his associates intercepted the victim's car and opened indiscriminate fire.

Preliminary investigation suggests that the attack was

linked to personal rivalry. The weapon used in the attack was allegedly supplied by Sandeep Dahiya and has now been recovered by the Special Cell.

Officials of the Special Cell said that interrogation of the accused is underway to gather information about other gang members, their network and absconding criminals. Police believe that this arrest will help curb the activities of the Jitender Gogi gang.

The information was shared with the media by Praveen Kumar Tripathi (IPS), DCP, Special Cell, NDR, New Delhi. He is regarded as one of the experienced and proactive officers of Delhi Police and has led several major crackdowns against organized crime, gang networks and illegal arms operations.

## Echoes of Civilizations and the Mountain's Cool Breath

The mere mention of Saudi Arabia often conjures images of deserts, oil wells, and glittering modern cities; yet, hidden within this country lies a remarkable confluence of history, nature, and civilization—one capable of filling anyone with awe. Situated within the Al-Qarah Mountain in the Al-Ahsa region of the Eastern Province, the Land of Civilizations is just such a unique destination—a place where even the silence of the stones narrates stories spanning thousands of years.

When we arrived there with family and friends, it felt like more than just a tourist attraction; it felt like an experience where time itself was beckoning us into its embrace. Outside, the sun blazed fiercely, and hot desert winds blew; yet, the moment we stepped into the

mountain's caves, the atmosphere transformed instantly. The touch of the naturally cool air felt as though Nature herself were personally welcoming the travelers.

Al-Qarah Mountain is renowned worldwide for its unique geological formation. It is no ordinary rocky mountain, but rather a living testament to millions of years of Nature's artistry. It features long, narrow, and mysterious caves; walking through their depths feels akin to passing through the gateways of an ancient civilization. These caves are also known as the Mountain of Whistling Winds, as the air flowing through them creates a distinct, resonant sound.

Perhaps the most astonishing feature is that, regardless of how high the temperature rises outside, a

pleasant coolness always prevails within these caves. Even in today's modern era of air conditioning, this natural phenomenon feels nothing short of a miracle. For this very reason, the site is regarded not merely as a tourist attraction, but also as a place of immense significance for researchers and history enthusiasts alike.

The Al-Ahsa region itself holds the distinction of being a UNESCO World Heritage Site. It is believed that human civilization flourished in this very region thousands of years ago. Through a series of exhibits and lighting installations housed within the mountain, that ancient history is brought vividly to life. As we traversed those paths, it felt as though every stone, every bend, and every cave held within itself the

memories of bygone eras.

Traveling to such places with family and friends is not merely an act of sightseeing; it becomes an opportunity to share experiences across generations. For the children, it was an adventure; for the elders, a brush with history; and for people like us, an opportunity to step away from the hustle and bustle of daily life and sit for a few moments in the lap of nature. At times, we would touch the cool walls of a cave to feel its texture; at others, we would gaze at the light stretching into the distance; and sometimes, we would capture those moments in photographs with our friends. During my tenure in Saudi Arabia, I had the opportunity to visit many places, but the experience at Al-Qarah Mountain was truly unique. It boasts modern

tourist amenities, well-organized pathways, and beautiful lighting; yet, its greatest distinction lies in the visible effort to preserve both nature and history without compromising their integrity. This is, indeed, the hallmark of any civilized society—that it preserves its heritage not merely as a static monument, but as a source of inspiration for future generations.

Today, the world is modernizing at a rapid pace. Amidst towering skyscrapers, artificial lights, and the frenetic rush of modern life, people are gradually drifting away from nature and history. In such times, places like Al-Qarah serve as a poignant reminder that civilization resides not solely in the glitter of the present, but also within the roots of the past.

Ajay Kumar Biyani

# Why couldn't Education Move Beyond Books?



Editorial

My Thought



● Dr. Vijay Garg

*This sudden policy shift raises a critical question: \*If online testing is a proven shield against physical paper leaks, why did India wait so long to move its largest competitive exam into the digital space?\**

Books have always been considered the foundation of education and civilization. From ancient libraries to modern classrooms, books have guided humanity toward knowledge, wisdom, and progress. Great scientists, philosophers, writers, and leaders often describe books as their greatest teachers.

Yet today, despite the availability of millions of books, educational resources, and digital libraries, many people feel that real education is not increasing in society the way it should. Degrees are rising, schools are expanding, and exams are becoming more competitive, but true understanding, creativity, curiosity, and wisdom often appear to be declining.

**This raises an important question:**

Why is education not increasing from books anymore?

The answer lies not in the failure of books themselves, but in changing habits, modern lifestyles, educational systems, technology, and society's attitude toward learning.

**Books Give Knowledge, But Society Wants Marks**

One of the biggest reasons education is not increasing from books is that modern education has become exam-centered rather than knowledge-centered.

Students are often taught to memorize answers, score high marks, clear competitive exams, and obtain certificates.

**Very little emphasis is placed on:**

understanding concepts, independent thinking, curiosity,



or reading beyond the syllabus.

As a result, books are no longer treated as companions of learning. They are treated as tools to pass examinations.

Many students read only: guidebooks, short notes, important questions, summarized material.

They rarely explore books deeply or read for understanding. Education then becomes mechanical rather than intellectual.

**Reading Habits Are Declining**

In earlier generations, books were one of the primary sources of entertainment and knowledge. People spent hours reading novels, biographies, newspapers, science books, and literature. Libraries were full of students and readers.

Today, however, digital distractions dominate life.

Smartphones, social media, short videos, gaming, and instant entertainment consume a large portion of people's attention. Many young people struggle to concentrate on a single chapter for even thirty

minutes.

The habit of deep reading is slowly disappearing because: attention spans are shrinking,

instant information has replaced patient learning, and visual entertainment feels easier than reading.

Books require concentration, imagination, and mental effort. Modern digital culture often promotes speed rather than depth.

**Information Is Increasing, But Understanding Is Not**

The internet has made information available instantly. A student can search almost anything within seconds. While this is useful, it has also created a false impression that "having information" is equal to "being educated."

Real education is not merely collecting facts.

Education means: understanding, analyzing, applying, questioning, and creating new ideas.

Books traditionally encouraged this deeper thinking because readers had to

engage actively with the text.

But today, many people prefer short summaries, quick explanations, and superficial browsing.

As a result: knowledge becomes shallow, thinking becomes fragmented,

and learning becomes temporary

**Books Alone Cannot Create Education**

Another important truth is that books alone are not enough. Education grows when reading combines with:

observation, practical experience, discussion, experimentation, and real-life application.

A student may read hundreds of pages about science but still fail to apply scientific thinking in life. Similarly, someone may memorize business theories but struggle to solve practical problems.

Books provide knowledge, but skills develop through practice.

Unfortunately, many educational systems focus heavily on theoretical reading

while neglecting: laboratories, projects, creativity, communication, and practical learning.

This creates educated-looking individuals who may lack real-world abilities.

**Many Students Read Without Curiosity**

True learning begins with curiosity. A curious reader asks:

Why? How? What if? Can this be improved?

But modern academic pressure often kills curiosity. Students become so busy preparing for exams and coaching classes that they stop reading for joy or exploration.

Reading becomes a burden instead of an adventure.

When curiosity dies: books become boring, learning becomes forced, and education loses its soul.

**Commercialization of Education**

Education today is increasingly influenced by commercial competition.

Many institutions focus

more on: rankings, placements, advertisements, and exam results

than on developing thoughtful and knowledgeable individuals.

The market for: shortcuts, crash courses, objective guides, and "pass in 30 days" material

has grown rapidly.

This culture discourages deep reading and serious

intellectual engagement with books.

**Language Barriers Also Limit Learning**

In many countries, including India, students often study in languages they are not fully comfortable with.

A student may have intelligence and curiosity but may struggle because:

textbooks are difficult, language feels unfamiliar, or reading confidence is weak.

When students cannot connect emotionally or linguistically with books, learning becomes stressful instead of meaningful.

This is why education improves most when students can read in languages they understand comfortably.

**Books Compete with Fast Entertainment**

Books require patience. Modern entertainment requires almost none.

A book asks the reader to: imagine, think, reflect, and focus.

But short-form digital content provides instant stimulation without effort.

Over time, many people become accustomed to:

scrolling instead of studying, watching instead of reading, reacting instead of reflecting.

This weakens the mental discipline needed for serious reading.

**Lack of Critical Thinking in Education**

Many educational systems reward students for reproducing information rather than questioning it.

## When the Atomic Age Met the Space Age

Dr Vijay GarG

The twentieth century was a time of astonishing scientific breakthroughs, but few moments were as transformative—or as paradoxical—as the meeting of the Atomic Age and the Space Age. One era was born from the destructive power of splitting the atom; the other from humanity's dream of exploring the cosmos. Together, they reshaped geopolitics, technology, and our very understanding of existence. Their intersection tells a story not just of innovation, but of ambition, fear, and the uneasy balance between creation and destruction.

**The Dawn of the Atomic Age**

The Atomic Age began dramatically with the Hiroshima bombing and Nagasaki bombing in 1945. These events demonstrated the immense energy locked within the atom, forever altering warfare and international relations. At the heart of this transformation was the Manhattan Project, a secret scientific effort that brought together some of the brightest minds of the time.

While nuclear weapons symbolized unprecedented destruction, atomic science also promised new forms of energy. Nuclear reactors began to generate electricity, offering a powerful alternative to fossil fuels. Yet, even in its peaceful applications, atomic technology carried risks that humanity was only beginning to understand.

**The Rise of the Space Age**

Just over a decade later, the world witnessed another historic leap: the launch of Sputnik 1 by the Soviet Union in 1957. This marked the beginning of the Space Age and ignited the Cold War space race. The United States responded with its own ambitious programs,

eventually leading to the Apollo 11 Moon landing, where humans first set foot on the Moon.

Space exploration was driven by curiosity and the desire to push boundaries, but it was also deeply rooted in geopolitical rivalry. Rockets that carried satellites and astronauts were closely related to intercontinental ballistic missiles (ICBMs), capable of delivering nuclear warheads across continents.

**A Shared Technological Foundation**

The Atomic Age and the Space Age were not separate chapters—they were deeply intertwined.

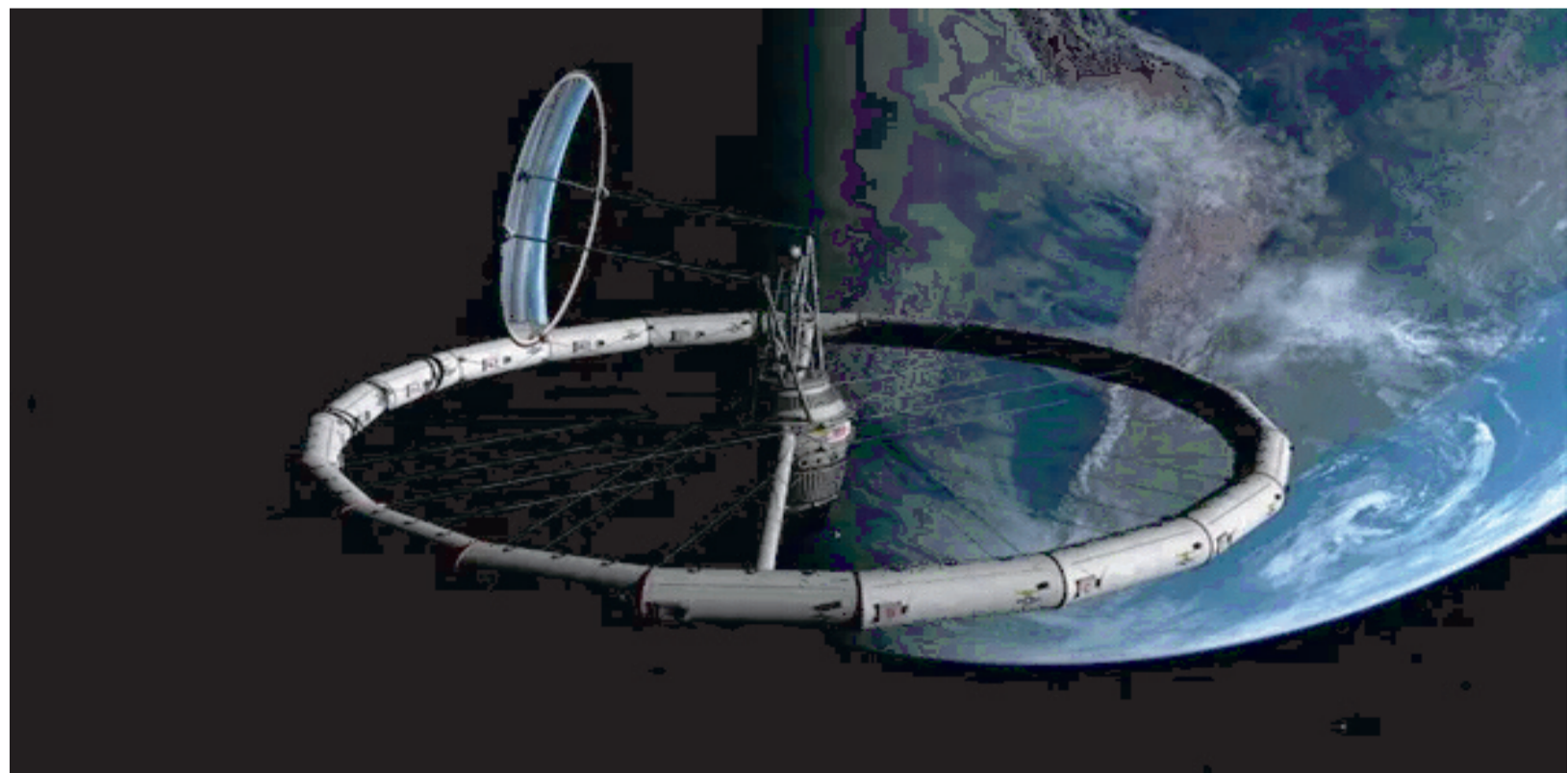
Advances in nuclear physics and engineering directly influenced rocket science. The same principles of energy, propulsion, and materials science underpinned both nuclear weapons and space exploration.

Scientists like Wernher von Braun played pivotal roles in bridging these worlds. Originally involved in developing missile technology during World War II, von Braun later became a key figure in NASA's space program. His work exemplified how technologies designed for war could be redirected toward exploration.

Meanwhile, nuclear technology found potential applications in space travel itself. Concepts like nuclear thermal propulsion promised faster and more efficient spacecraft, capable of reaching distant planets. Though largely experimental, these ideas highlighted the synergy between atomic power and space ambitions.

**The Shadow of the Cold War**

The meeting of the Atomic and Space Ages unfolded under the shadow of the Cold War. The United States and the Soviet Union competed not only for military



superiority but also for technological prestige. Space achievements became symbolic victories, demonstrating scientific and ideological dominance.

However, this competition carried immense risks. The same rockets used to launch satellites could deliver nuclear weapons, blurring the line between exploration and warfare. The fear of mutually assured destruction loomed large, influencing political decisions and public consciousness.

Efforts to manage these risks led to international agreements like the Outer Space Treaty, which prohibited the placement of nuclear weapons in space. This marked an important step in ensuring that space would remain a domain for peaceful exploration rather than conflict.

**Cultural and Scientific Impact**

The convergence of these two ages profoundly influenced culture and science. The image of Earth from space, captured during missions like Apollo 8, fostered a sense of global unity and environmental awareness. Seeing the planet as a fragile, interconnected system helped spark the modern environmental movement.

At the same time, the threat of nuclear war shaped art, literature, and public discourse. Films, novels, and political debates grappled with the dual nature of scientific progress—its ability to both elevate and endanger humanity.

**Ethical Questions and Lasting Legacies**

The intersection of the Atomic and Space Ages raised profound ethical questions. Should humanity pursue technologies that carry such immense risks? Can scientific

progress be separated from political and military agendas? These questions remain relevant today, as new technologies continue to blur the line between civilian and military applications.

The legacy of this era is still visible in modern space programs and nuclear policies. Organizations like NASA and international collaborations continue to explore space, while efforts to control nuclear weapons persist through treaties and diplomacy.

**A Meeting That Changed the World**

When the Atomic Age met the Space Age, it created a powerful and complex legacy. It accelerated technological progress, reshaped global politics, and expanded humanity's horizons—both literally and figuratively. Yet, it also introduced new dangers, reminding us that innovation is

never purely beneficial or harmful. This convergence was not just a historical moment; it was a turning point that continues to influence our world. As humanity looks toward future frontiers—whether in artificial intelligence, biotechnology, or deep space exploration—the lessons of this era remain crucial.

The meeting of these two ages teaches us that progress must be guided by responsibility. The same ingenuity that can unlock the secrets of the universe can also threaten our survival. The challenge, then as now, is to ensure that our reach for the stars does not come at the cost of our existence on Earth.

**Dr Vijay Garg Retired Principal Educational columnist Eminent Educationist street kour Chand MHR Malout Punjab**

# A New Social Initiative: Not Fear of Water, but a Journey Towards Confidence



In today's rapidly changing lifestyle, people living in urban spaces may have gained more conveniences, but mental peace and social warmth are gradually fading away. Especially in the lives of women, balancing responsibilities, social expectations, and family commitments often leaves very little time for themselves. In such times, safe, comfortable, and confidence-building collective initiatives for women are not merely activities — they have become a social necessity.

Recently, initiatives such as "Water Confidence Sessions" organized for women reflect this positive direction of a changing society. This is not just a swimming-learning program; it is a calm and sensitive effort to move beyond fear and towards self-confidence. Feeling comfortable in water is not only a matter of physical practice, but also deeply connected with mental balance and emotional confidence.

For a long time in Indian society, women's priorities remained centered around family, children, and household responsibilities. Many women quietly put aside their own interests, health, and personal

aspirations. In such a situation, if a platform offers them time for themselves without pressure, competition, or social hesitation, its value goes far beyond recreation.

Creating safe and supportive spaces for women has become one of the most important social needs of our time. Many women stay away from new experiences simply because they fear discomfort, judgment, or insecurity. When they are provided with an environment where learning is free from criticism, where mistakes are accepted naturally, and where encouragement replaces pressure, confidence grows organically.

The connection with water is not limited to learning how to swim. Water has a calming effect on the mind, reduces stress, and creates inner balance. In modern life, mental stress, loneliness, and anxiety are increasing rapidly. Activities connected with nature and body movement therefore play an important role in improving emotional

well-being and mental health. This initiative also conveys another meaningful social message — women need not only safety, but also comfort, dignity, and emotional ease. Society often talks about providing protection, but forgets to create spaces where women can simply feel relaxed and accepted. A woman being able to learn freely, laugh openly, and acknowledge her fears without hesitation is itself a form of social empowerment.

Urban life today has made people emotionally distant even while living within the same residential communities. Collective activities like these strengthen human connection. When women sit together, talk, and share experiences, it is not merely an activity taking place — it becomes an atmosphere of warmth and belonging. Such environments make society more humane.

An important aspect of these programs is that they encourage self-acceptance rather than competition. People do not come here to become "the best"; they come to

feel comfortable within themselves. In an age where comparison and performance pressure dominate almost every sphere of life, pressure-free activities provide much-needed emotional relief.

Today, society does not only need large-scale development projects; it also needs such human-centered efforts that strengthen communities from within. Giving importance to women's health, confidence, and mental balance is a sign of a mature and progressive society.

If residential societies, social organizations, and local community groups encourage such positive initiatives, urban life can become healthier and more balanced. After all, a truly healthy society is not built only with buildings and facilities, but with confident, happy, and emotionally connected people.

In reality, this is not merely an attempt to step into water — it is a quiet journey of stepping out of fear and reconnecting with oneself.

**Ajay Kumar Biyani,**  
Retired Engineer

# Boats stranded in Chilika due to lack of oil, hundreds of fishermen unable to reach shore



Manoranjan Sasmal, State Head Odisha

**Bhubaneswar** : Boats have run out of oil in Chilika. More than 100 fishermen stranded in the tapu. More than 100 fishermen are stranded in more than 40 boats that went from the Konark region of Puri. They have taken shelter in small tapu in Chilika. According to information, there is a shortage of oil in the state.

While the oil companies and the supply department say that there is oil available, there is a shortage of petrol pumps. As a result, there is a shortage of petrol and diesel in the state. Its effect is visible everywhere. Some people have lost their livelihood. Due to the lack of oil, fishermen in the Kanas area of Puri district have gone to Chilika to fish. Hundreds of fishermen have gone to fish in

more than 40 boats. But as the boat ran out of fuel, they took shelter in some tapu between Chilika. They informed their families over the phone that they could not reach them due to lack of diesel! Several boats were found stranded on the riverbank at the mouth of the Daya River, 8 km from Kanas Jagulai Padar, due to lack of fuel. The families have demanded for them.

# A Socio-Political Satire

Society is a strange thing, indeed...

If a man in the neighborhood carries gossip from two people to a third, people say —

"He's a massive tattletale!"  
But if someone does that very same job while wearing a suit and tie, sporting an ID card around their neck, and holding a microphone in their hand, people say —

"He's a Senior Journalist... the Fourth Pillar of Democracy!"  
The real difference isn't in the work itself...

It's in the packaging!  
The tattletale says — "Did you hear? Sharma-ji's daughter-in-law came home at 11 PM last night..."

The journalist says — "Big news just in, citing our sources..."  
Both have the same gleam in their eyes.

Both possess the same curiosity in their souls.  
And both fill their bellies by feeding off other people's affairs.  
The neighborhood tattletale

operates with limited resources.  
He has no camera, no studio, and no "Breaking News" theme music.

Yet, he is still the first to deliver the news.

Which means, technically speaking, he is essentially a "Ground Reporter"!

In the world of journalism, this is called —

"Investigative Journalism."  
And in the streets and neighborhoods, that very same thing is known as —

"Bhabhi-ji knows \*everything\*..."  
Now, the only difference is that the journalist has "sources"...

While the tattletale has "confirmed intel."

The journalist says on camera — "We do not officially verify this report..."

The tattletale says — "Look, buddy — don't you dare mention my name..."

Both run their empires through whispers and hearsay.

Sometimes, it feels like if you gave an experienced tattletale a bit of media training, a laptop, and a loud voice...

He'd be hosting a Prime Time debate by the end of the day.

And conversely, if you fired a few journalists and made them sit in the neighborhood park instead...

They'd manage to stir up tension between four different families within just two days.

In today's era, the mantra for success is perhaps this:

"If you say something in a hushed tone, it's gossip; but if you say that very same thing on camera, it's journalism."

Nevertheless, there is indeed a moral distinction between the two

A good journalist brings the truth to light in order to reform society,

whereas a gossip-monger serves up a mix of both truth and falsehoods simply to add some 'spice' to society.

But one has to admit  
In every neighborhood across India, you are bound to find at least two people who — if they were to ever make it onto a news channel would shatter every single TRP record!

**Vidya Bhushan Bhardwaj**  
The Servant of Society

# Exam paper leaks, evaluation irregularities, and the growing network of exam mafias sting CBSE transparency-10th and 12th, answer sheet photocopies Verification and re-evaluation facilities-Online applications from May 19 to May 22, 2026 - Comprehensive analysis

Advocate Kishan Sanmukhdas

In the current digital, modern, and technology-driven era, the education system is undergoing unprecedented change globally. Artificial intelligence, online examination systems, digital assessment, cloud data storage, and internet-based administrative systems are becoming increasingly important. Technology has made the education sector extremely fast, convenient, and global. Today, a student can download admit cards from a mobile phone, take online exams, receive digital marksheets, and even complete re-evaluation processes from home. However, this technological era is also posing a serious crisis to the education system. Advocate Kishan Sanmukhdas Bhawnani Gondia Maharashtra, believe that exam paper leaks, evaluation irregularities, cyber fraud, data theft, and the growing network of exam mafias are challenging the credibility of the education system. The biggest irony is that despite numerous rules, regulations, digital security systems, and monitoring mechanisms, paper leaks continue unabated. This situation is not limited to India; exam security and evaluation transparency have become a

serious concern in many countries around the world. In such a sensitive environment, the announcement by the Central Board of Secondary Education (CBSE) of a detailed process for re-evaluation and rechecking after the results of the 10th and 12th board examinations is considered a very important step. On Saturday, May 16, 2026, the Board clarified that a three-step online system will be implemented to make the answer sheet evaluation process more transparent and student-friendly. This will include verification, answer sheet photocopying, and re-evaluation. This step is significant because in recent years, students and parents have received numerous complaints regarding evaluation errors, incorrect totaling, overlooked questions, and low marks. In the digital age, simply conducting exams is not enough; maintaining the credibility and transparency of exam results has become equally important.

Friends If we consider the steps in the process announced by the CBSE, the first important step is providing scanned photocopies of answer sheets. Students who have doubts about their evaluation can obtain a

copy of their answer sheet by applying online from May 19 to May 22, 2026. A fee of ₹700 per subject has been set. This system provides students with the opportunity to review their answers and understand the evaluation process. Previously, students were unable to know how the examiner checked the answers, which questions received negative marks, and whether any questions were left unchecked. However, now, with the availability of digital copies of answer sheets, students will be able to objectively analyze their performance. This step is considered a major improvement towards increasing transparency and accountability in the education system.

Friends The second step is mark verification. Under this process, students can verify that the total marks in their answer sheets have been added correctly and that no questions were left unchecked. The application dates for this are from May 26 to May 29, 2026, and the fee is ₹500 per subject. This process is crucial because mistakes in adding marks are often made due to human error. In a vast examination system like India, where millions of answer sheets are evaluated, even small errors can impact students' futures. A

single mark difference can affect college admissions, merit lists, scholarships, and even eligibility for competitive exams. Therefore, the facility of marks verification has become an important part of students' rights and fair evaluation.

Friends The third and most important step is re-evaluation. If a student feels that their answers were not evaluated properly or that they were awarded lower marks than expected, they can apply for question-by-question re-evaluation. The application period for this is from May 26 to May 29, 2026, and the fee is ₹100 per question. This system provides students with a form of academic justice. Sometimes, the examiner's personal interpretation, time pressure, or human error can affect students' marks. The re-evaluation system provides an opportunity for improvement in such cases. However, the CBSE has clarified that marks may increase, decrease, or remain unchanged after re-evaluation. The marks determined after verification will be considered final. This rule encourages students to make careful decisions.

Friends CBSE's decision to make all processes completely online is also a major step

towards a digital education system. The Board has clarified that applications will only be accepted through the official website and results portal. Offline applications or forms sent through schools will be considered invalid. This will not only make the process faster and more transparent but also reduce the possibility of corruption and malpractices. The digital system allows students to apply from home and helps preserve records. However, it also poses challenges related to cybersecurity and data privacy. A fully digital education system requires a robust cybersecurity framework to ensure the safety of student information and exam data. The CBSE has also announced that supplementary exams for students who wish to improve their performance or are in the compartment category will be held on July 15, 2026. The process for filling the ₹List of Candidates for this purpose will begin on June 2, 2026. This system provides relief to students who, for whatever reason, did not perform as expected. The objective of a modern education system should not be merely to declare students as failed, but also to provide them with opportunities for improvement

and a second chance. This is why advanced education systems around the world emphasize continuous assessment, alternative examinations, and remedial opportunities. Friends, the recent action taken by the Central Bureau of Investigation in the National Eligibility cum Entrance Test (NEET) UG paper leak case shocked the entire nation. The CBI arrested the alleged mastermind, a chemistry professor from Latur, Maharashtra. According to the investigating agency, he was involved in the National Testing Agency's examination process and thus had access to the question papers. This case is not just a crime story, but has become a symbol of the crisis of trust within the education system. When those involved in the examination process themselves begin to breach confidentiality, the trust of ordinary students and parents naturally begins to waver. For centuries, education has been considered a means of honesty, hard work, and morality in Indian society, but when a situation like ₹the enemy within destroys the enemy, ₹arises, the entire system appears to be in the dock. This is why the Ministry of

Education, examination agencies and state governments now feel the need not only for technical reforms but also for drastic strategic and ethical reforms. Friends, in reality, paper leaks are not limited to exam cancellations or student hardship. They have far-reaching social, economic, and psychological impacts. Millions of students study hard for years, families spend beyond their financial means, the coaching industry generates billions of rupees, and their entire future depends on a single exam. In such a situation, if a paper is leaked, honest students' morale is shattered, distrust grows in society, and the merit-based system is questioned. This is why, in developed countries, exam security is now being given equal importance as national security. Countries like the United States, Britain, China, South Korea, and Singapore have begun using technologies like digital encryption, multi-layer authentication, live monitoring, and biometric verification. India is also moving in this direction, but the challenges are much more complex due to its vast population and multi-layered administrative structure.

# Energy Crisis: Responding to PM Modi's Appeal, All District Courts in Jharkhand Now Shift to Hybrid Mode

Kartik Kumar Parichha, State Head - Jharkhand

**Ranchi:** In light of the prevailing energy crisis and in response to an appeal by Prime Minister Narendra Modi, the Jharkhand High Court has issued directives for all district courts across the state to operate in a hybrid mode.

In a letter issued to all District and Sessions Judges of the state, as well as the Judicial Commissioner of Ranchi, the High Court's Registrar General, Satyaprakash Sinha, stated that—considering the current energy crisis—all courts are to function in a hybrid mode (combining physical and virtual proceedings) with immediate effect.

This initiative is being implemented under the directives of the High Court's Chief Justice, M.S. Sonak. Currently, the High Court is observing its summer vacation;



the court is scheduled to reopen on June 8. Consequently, the feasibility of operating the High Court itself in a hybrid mode will be considered at that time.

The letter issued by the Registrar General states that advocates, litigants, and witnesses may appear before the court via video conferencing.

For virtual hearings, strict

adherence is required to all rules, guidelines, and Standard Operating Procedures (SOPs) prescribed by the Jharkhand High Court. In this regard, the letter cites a previous communication issued by the High Court's CPC (Computerization and Process Re-engineering Committee). Furthermore, in view of the

fuel crisis, all judicial officers and court staff have been encouraged to adopt vehicle-sharing practices.

To facilitate this, all Principal District Judges have been requested to advise the judicial officers and staff within their respective courts to commute to the court premises using shared vehicles.

# Cancellation of Trains For Safety Related Modernization Work in Khurda Road Division.



Manoranjan Sasmal, State Head Odisha

**Bhubaneswar:** In connection with safety related modernization works and maintenance activities across various sections under Khurda Road Division, East Coast Railway has announced temporary cancellation of few passenger train services on Sunday, 17 May 2026. The modernization and maintenance works are being undertaken to enhance safety,

strengthen railway infrastructure, and ensure the smooth operation of increasing coaching and freight traffic along with other operational requirements. The following train services will remain cancelled. Train No. 68411/68412 Bhubaneswar-Brahmapur-Bhubaneswar MEMU Passenger.

\*Train No. 58405/58406 Cuttack-Paradip-Cuttack Passenger.

\*Train No. 68435/68436 Cuttack-Paradip-Cuttack MEMU Passenger.

\*Train No. 68437/68438 Cuttack-Bhadrak-Cuttack MEMU Passenger. Passengers are advised to take note of the above changes and plan journeys accordingly. For updated train information, passengers may visit N'TES or avail official railway enquiry services before commencement of their journey.

# A Major Drug Eradication Program in the Region of the State's Largest Industrial Group

President Debar Jonko Emphasizes Rural Education; Young Girls in Kolavira Inspired to Pursue Higher Education

Kartik Kumar Parichha, State Head - Jharkhand

**Ranchi:** A district deeply engulfed in the scourge of drugs—a region frequently associated with heinous crimes such as opium cultivation and the illicit trade of ₹brown sugar—is witnessing the erosion of its glorious past due to these very issues. Against this backdrop, an innovative initiative aimed at drug de-addiction was undertaken at the Upgraded Plus-Two High School in Kolavira, located in the Seraikela-Kharsawan district. Organized jointly by the Miraki Institute and the Indian Red Cross Society (Seraikela chapter),

the event saw thousands of students take a pledge against drugs. The occasion was further graced by the presence of the Kolhan Raksha Sangh, whose members attended as distinguished guests. While Gopal Agarwal took a solemn vow to abstain from drugs forever, two young girls—deeply inspired by the Sangh's President, Debar Jonko (a former administrative officer and lecturer)—pledged to become professors in the future; a moment that touched the hearts of everyone present. This event serves as a source of profound inspiration for this particular region of Jharkhand, where there is a palpable and urgent need to elevate educational standards in rural areas.

During the program, key figures—including Miraki Institute Secretary Rita Patra, Kolhan Raksha



Sangh President Debar Jonko, Ravindra Mandal, Sukhdev Hemram, and Secretary Mansing Hemram—delivered impactful speeches urging the children to steer clear of drug addiction. Their words were listened to with rapt attention by the hundreds of girls present at the venue. Ravindra Mandal, who commands a

strong influence in this locality, has consistently been at the forefront of executing commendable social initiatives. Former Deputy Development Commissioner (DDC) and current President, Debar Jonko, asserted that liquor shops should under no circumstances be permitted in the vicinity of schools—a problem

that is, unfortunately, a common sight across Jharkhand. Ravindra Mandal played a pivotal role in spearheading this drug de-addiction campaign at the school, which is situated near a major industrial hub. It is imperative that the district administration maintains constant vigilance to ensure the continued

success and impact of such initiatives. It is worth noting that this is the very district widely known across the country for the cultivation of narcotics and illicit trafficking; however, the Indian Red Cross Society, the Miraki Institute, and the Kolhan Raksha Sangh have carried out a commendable initiative.

## SPECIAL NOTICE TO ALL READERS AND ASSOCIATES OF THE "PARIVAHAN VISHESH NEWSPAPER"

Recognizing the continued support that the "Parivahan Vishesh Newspaper" has received from you over the past three years, and the fact that it has been your constant ally in amplifying your voice day after day, the Board of Management of the "Parivahan Vishesh News", and Transport Vishesh News Limited Company have decided to launch their own government approved channel, "Parivahan Vishesh News Doordarshan", starting in October, with the aim of more quickly disseminating public interest, welfare information and knowledge to the Government of India, state governments, and all political organizations.

LIVE

PARIVAHAN VISHESH NEWS DOORDARSHAN

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Through knowledgeable figures from all walks of life, we will strive to provide this information.

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Editor-in-Chief

Sanjay Bathla